

# August 2024 Newsletter



## Falaise Estate Tour at the Sands Point Preserve

Friday, September 6  
11:00am

\$20 per person

We will be carpooling, when  
you register,  
please let us  
know if you can  
drive.

Sign up in the  
office by August  
28.



## One hour Narrated Manhasset Harbor Boat tour on the PW Water Taxi

Friday, August 23  
1:00pm

\$30.00 per person

Please call stop by the  
office  
to  
reserve  
your  
spot!



## Message from Linda:

I hope you are all enjoying your summer. As the weather gets warmer, please remember to stay hydrated. In extreme heat, remain in air conditioned buildings and avoid going out during the hottest part of the day. Come down to the Center and join us for lunch and to relax in the air conditioning. Don't forget to bring a sweater in case it gets too cold.



## SPECIAL PROGRAMS

### Port Washington Adult Activities Center

80 Manorhaven Blvd,  
Port Washington, NY 11050

**Phone:** 516-883-6656

**Fax:** 516-883-8397

**Email:**

[pwseniorcenter@gmail.com](mailto:pwseniorcenter@gmail.com)

**Website:**

[Pwadultactivitiescenter.org](http://Pwadultactivitiescenter.org)

**Hours:**

Monday - Friday

8:00 am - 3:00 pm

Linda Livio,

Executive Director

Julie Gamman,

Programming Coord.

[juliepwseniorcenter@gmail.com](mailto:juliepwseniorcenter@gmail.com)

Virginia Carroll

Admin. Coordinator

[ginnypwaac@gmail.com](mailto:ginnypwaac@gmail.com)

**Board of Directors:**

Kathy Levinson, President

Marianne Bortone Prince

Barbara Faticone

Debbie Greco Cohen

Pam Monfort

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Jean-Marie Posner

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Warren Schein

Jeff Stone

Pat Valente

Daryl Zimbardi

**Advisory Board:**

Ken Magida

Laura Sweeney

Joel Ziev

### The Cooking Lab

Friday, September 27th

11AM-1PM

Join this hands on cooking class to make Basque style braised chicken, olive oil rice and salad with shallot vinaigrette.



\$60 per person Sign up in the office by 9/20.

### Reminiscing with Michele

Join us for this wonderful program designed for recalling an individual's journey throughout their lifetime.

Reminiscing recreates life's meaning by connecting individuals past memories and experiences with nostalgic good feelings.

Tuesday, August 20

10:00am

Please let the office know if you plan on attending.

### Save the Date!



Saturday, October 19, 2024

7: 30pm

Landmark Theater

\$20 per ticket

# AUGUST 2024 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i><b>Reservations required daily by 2:00pm the day before.</b></i></p> <p><b>\$5.00 Members, \$6 Guests</b></p>	<p><b>FOOD PROVIDED BY:</b>  <b>HINCK'S DELI</b>  <b>GUM HOW CHINESE</b>  <b>CARLOS PIZZERIA</b>  <b>GINO'S PIZZERIA</b>  <b>AYHANS SHISH KEBAB</b></p>		<p><b>1</b>                      Stuffed Shells, Salad, Dessert</p>	<p><b>2</b>                      NO LUNCH</p>
<p><b>5</b>                      NO LUNCH</p>	<p><b>6</b>                      Turkey on a Roll, Cole Slaw, Dessert</p>	<p><b>7</b>                      Sesame Chicken, Pork Fried Rice, Eggroll, Dessert</p>	<p><b>8</b>                      Gyro Platter, Rice, Salad, Bread &amp; Dessert</p>	<p><b>9</b>                      NO LUNCH</p>
<p><b>12</b>                      NO LUNCH</p>	<p><b>13</b>                      Roast Beef on a roll w/ Lettuce &amp; Tomato, Potato Salad, Dessert</p>	<p><b>14</b>                      Grilled Cheese, Salad, Dessert</p>	<p><b>15</b>                      Eggplant Parmesan Hero, Salad, Dessert</p>	<p><b>16</b>                      NO LUNCH</p>
<p><b>19</b>                      NO LUNCH</p>	<p><b>20</b>                      Spaghetti &amp; Meatballs, Salad, Dessert</p>	<p><b>21</b>                      Tuna Salad on Whole Wheat w/ Lettuce &amp; Tomato, Chips, Dessert</p>	<p><b>22</b>                      Chicken Kebab, Rice, Salad, Dessert</p>	<p><b>23</b>                      NO LUNCH</p>
<p><b>26</b>                      NO LUNCH</p>	<p><b>27</b>                      Chicken &amp; Broccoli, Pork Fried Rice, Egg Roll, Dessert</p>	<p><b>28</b>                      Spinach Pie, Salad, Dessert</p>	<p><b>29</b>                      Meatball Parm Hero, Salad, Dessert</p>	<p><b>30</b></p>

# ACTIVITY CALENDAR AUGUST 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For classes in BLUE, you must be registered with the office for the class</p>	<p>For classes in RED, you must pay \$5 directly to Joe. Please have exact change.</p>		<p><b>1</b></p> <p>12:00 LUNCH 12:30 BINGO</p>	<p><b>2</b></p>
<p><b>5</b></p> <p>9:30 Walking Club</p>	<p><b>6</b></p> <p>12:00 LUNCH 12:30 BINGO</p>	<p><b>7</b></p> <p>9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/ Joe -\$5</p>	<p><b>8</b></p> <p>12:00 LUNCH 12:30 BINGO</p>	<p><b>9</b></p>
<p><b>12</b></p> <p>9:30 Walking Club</p>	<p><b>13</b></p> <p>12:00 LUNCH 12:30 BINGO</p>	<p><b>14</b></p> <p>9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/ Joe -\$5</p>	<p><b>15</b></p> <p>12:00 LUNCH 12:30 BINGO</p>	<p><b>16</b></p>
<p><b>19</b></p> <p>9:30 Walking Club</p>	<p><b>20</b></p> <p>12:00 LUNCH 12:30 BINGO</p>	<p><b>21</b></p> <p>9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/ Joe -\$5</p>	<p><b>22</b></p> <p>12:00 LUNCH 12:30 BINGO</p>	<p><b>23</b></p>
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We wish to thank all of our supporters for their continued generosity: The Donald and Barbara Zucker Family Foundation, The Laura B. Vogler Foundation, Inc, Kiwanis of Manhasset/Port Washington, Nassau County Bar Foundation, Inc. WE CARE Fund, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- ◆ The Peter & Jeri Dejana Foundation
- ◆ The Town of North Hempstead
- ◆ The Community Chest of Port Washington



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

*A social worker* helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311

# SCRIP PROGRAM

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

## Scrip Order Form

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Athleta	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
BP	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
Ihop	\$25.00	
<b>Subtotal:</b>		

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

Company	Denomination	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
Macy's	\$25.00	
Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
Stop & Shop	\$25.00	
Stop & Shop	\$50.00	
Stop & Shop	\$100.00	
Smashburger	\$10.00	
TJ Maxx Brands	\$25.00	
TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
<b>Subtotal:</b>		
<b>Total:</b>		