

June 2022 Newsletter



**Join us on
Wednesday, June 8
For BINGO!**

7:00pm (doors open at 6:30)

\$20.00 per person

DOOR PRIZES

CASH PRIZES

**Must have a reservation,
sign up in the office**



**Join us for a fun game of
Family Feud**

Thursday, June 23

10:00am

**Come play the Family Feud, a fun and
interactive game for brain health.**

Work in teams for a

fun, mildly

competitive and

educational

experience. We

guarantee a good time

will be had by all.



Message from Linda:

Get ready for lazy days of summer. Summer begins June 21st. Remember, Funday Mondays at North Hempstead Beach Park begins July 11th.

Wishing all of the dads out there a very Happy Fathers Day!

Remember... Any man can be a father but it takes someone special to be a DAD!



SPECIAL PROGRAMS

Port Washington Adult Activities Center

80 Manorhaven Blvd,
Port Washington, NY 11050

Phone: 516-883-6656

Fax: 516-883-8397

Email:

pwseniorcenter@gmail.com

Hours:

Monday - Friday
8:00 am - 3:00 pm

Linda Livio,
Executive Director

Julie Gamman,
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juliepwseniorcenter@gmail.com

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ginnypwaac@gmail.com

Board of Directors:

Kathy Levinson, President
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Pat Valente
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Advisory Board:

Ken Magida
Laura Sweeney
Joel Ziev

Games with Julie TUESDAYS 10:00AM

Join Julie in the Art
room to play a fun
game of Pokeno,
Scattergories, Uno or
another fun game.



Calling All Travelers

Join us for a day out at
Peddler's Village, Lahaska, PA

Friday, August 5

\$90.00 pp includes lunch, Bingo w/Prizes & a
coupon book for the stores.

We MUST have 30 people signed up by 6/30 in
order for the trip to take place.

Stop in the office for more details & to sign up!

Father's Day Lunch Followed by Jumbo Bingo

Join us on Thursday, June 16
12:00pm

**Roasted BBQ style Pork Ribs, Smashed Red
Potatoes w/Green Onions, Mixed Vegetables,
Biscuits & Dessert**

**\$8.00 pp reservations required by June 9 or until
we reach capacity**



JUNE 2022 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Reservations required daily by 2:00pm the day before.</i></p> <p><i>\$5.00 Members, \$6 Guest</i></p>	<p>FOOD PROVIDED BY: HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA AMALFI PIZZERIA AYHANS SHISH KEBAB GUEST CHEF</p>	<p>1 Teriyaki Chicken, Pork Fried Rice, Egg Roll, Dessert</p>	<p>2 Stuffed Shells, Salad, Dessert</p>	<p>3 NO LUNCH</p>
<p>6 Spinach Pie, Salad, Dessert</p>	<p>7 Chicken Parmesan Platter, Side Salad, Bread, Dessert</p>	<p>8 Tuna Salad on Whole Wheat w/Lettuce & Tomato, Macaroni Salad</p>	<p>9 Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert</p>	<p>10 NO LUNCH</p>
<p>13 Chicken Salad on a roll, Macaroni Salad, Dessert</p>	<p>14 Slice of Sicilian Pizza, Salad, Dessert</p>	<p>15 Chicken Kebab w/Rice, Salad, Pita, Dessert</p>	<p>16 Roast BBQ Style Pork Ribs, Smashed Red Potatoes w/green onions, Mixed Vegetables, Country Biscuits, Dessert</p>	<p>17 NO LUNCH</p>
<p>20 Chicken Roll, Salad, Dessert</p>	<p>21 Gyro Platter w/Rice, Salad, Pita, Dessert</p>	<p>22 Turkey Sandwich on Roll w/Lett & Tomato, Cole Slaw, Dessert</p>	<p>23 Meatball Parmesan Hero, Side Salad, Dessert</p>	<p>24 NO LUNCH</p>
<p>27 Sesame Chicken, Pork Fried Rice, Egg Roll, Dessert</p>	<p>28 Eggplant Parmesan Platter, Salad, Rice</p>	<p>29 Chicken Caesar Salad Wrap, Dessert</p>	<p>30 Roast Beef on a roll, w/Lettuce & Tomato, Potato Salad, Dessert</p>	<p><i>All meals served with coffee or tea. Water bottles available \$1.00</i></p>

ACTIVITY CALENDAR JUNE 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For classes in RED, you must be registered with Project Independence</p> <p>6</p> <p>9:30 Painting w/a Barbara 10:00 Chr Yoga w/Nicole 12:00 LUNCH 12:30 Walking Club 1:00 Aerobics w/Mary Lu</p>	<p>For classes in BLUE, you must be registered with the office for the class.</p> <p>7</p> <p>10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p>1</p> <p>9:30 Art w/ Friends 12:00 LUNCH 12:30 Walking Club 1:00 Ta'I Chi w/Joe</p>	<p>2</p> <p>12:00 LUNCH 12:30 BINGO</p>	<p>3</p> <p>10:00 Fitness Dance w/ Margaret 11:00 Fitness Dance w/ Margaret</p>
<p>13</p> <p>9:30 Painting w/a Barbara 10:00 Chr Yoga w/Nicole 12:00 LUNCH 12:30 Walking Club 1:00 Aerobics w/Mary Lu</p>	<p>14</p> <p>10:00 Stretch & Tone w/ Patty 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p>8</p> <p>9:30 Art w/ Friends 12:00 LUNCH 12:30 Walking Club 1:00 Ta'I Chi w/Joe 1:00 Sewing Class</p>	<p>9</p> <p>12:00 LUNCH 12:30 BINGO</p>	<p>10</p> <p>10:00 Dance Fitness w/ Nicole</p>
<p>20</p> <p>9:30 Painting w/a Barbara 10:00 Chr Yoga w/Nicole 12:00 LUNCH 12:30 Walking Club 1:00 Aerobics w/Mary Lu</p>	<p>21</p> <p>10:00 Stretch & Tone w/ Patty 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p>15</p> <p>9:30 Art w/ Friends 12:00 LUNCH 12:30 Walking Club 1:00 Ta'I Chi w/Joe</p>	<p>16</p> <p>12:00 LUNCH 12:30 BINGO</p>	<p>17</p> <p>10:00 Dance Fitness w/ Nicole</p>
<p>27</p> <p>9:30 Painting w/a Barbara 10:00 Chr Yoga w/Nicole 12:00 LUNCH 12:30 Walking Club 1:00 Aerobics w/Mary Lu</p>	<p>28</p> <p>10:00 Stretch & Tone w/ Patty 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p>22</p> <p>9:30 Art w/ Friends 12:00 LUNCH 12:30 Walking Club</p>	<p>23</p> <p>12:00 LUNCH 12:30 BINGO</p>	<p>24</p> <p>10:00 Dance Fitness w/ Nicole</p>
<p>29</p> <p>9:30 Painting w/a Barbara 10:00 Chr Yoga w/Nicole 12:00 LUNCH 12:30 Walking Club 1:00 Aerobics w/Mary Lu</p>	<p>29</p> <p>9:30 Art w/ Friends 12:00 LUNCH 12:30 Walking Class</p>	<p>29</p> <p>9:30 Art w/ Friends 12:00 LUNCH 12:30 Walking Class</p>	<p>30</p> <p>12:00 LUNCH 12:30 BINGO</p>	

We wish to thank all of our supporters for their continued generosity: The Donald and Barbara Zucker Family Foundation, The Laura B. Vogler Foundation, Inc, Kiwanis of Manhasset/Port Washington, Nassau County Bar Foundation, Inc. WE CARE Fund, & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- The Peter & Jeri Dejana Foundation
- The Town of North Hempstead
- The Community Chest of Port Washington



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

Gail Selis our social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Gail is at the Center Monday-Thursday 9-3, call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311

PWAAC TRIVIA

Father's Day, Graduation & Baseball Trivia

How well do you know Trivia?

Take this fun trivia challenge and mail it back to the Center by June 30, for your chance to win a \$25.00 Visa gift card. All entries with correct answers will be entered to win.

1. In what year did Mark Zuckerberg make the commencement speech at Harvard?
 - A. 2015
 - B. 2016
 - C. 2017
 - D. 2018
2. What do you call a West Point graduate?
 - A. 1st Lieutenant
 - B. 2nd Lieutenant
 - C. Sargent
 - D. General
3. Fathers Day is the _____ largest card selling holiday?
 - A. Second
 - B. Third
 - C. Fourth
 - D. Fifth
4. What year was the first Fathers Day celebrated?
 - A. 1905
 - B. 1910
 - C. 1915
 - D. 1920
5. Against what opposing team did Babe Ruth hit his 1st homerun?
 - A. NY Yankees
 - B. Baltimore Black Socks
 - C. Chicago Cubs
 - D. Boston Red Socks
6. Who was the first major league player to have his number retired?
 - A. Hank Aaron
 - B. Babe Ruth
 - C. Lou Gehrig
 - D. Jackie Robinson

NAME _____