# October 2025 Newsletter

Would you like to learn how to play Canasta?
Join us for this 4 week class to learn this fantastic game.
Wednesdays
October 8, 15, 22 & 29
12:45pm
Cost is \$40 for the series.
Please sign up in the office.







Come out and support your
Center.
Friday, October 10
7:30pm
Landmark Theater
\$25 per ticket/
member special 2 for \$30
Tickets available for purchase
in the office.

Message from Linda:

Happy Fall! After a busy and hot summer we welcome the cool days of autumn.

"There is something so special in the early leaves drifting from the trees—as if we are all to be allowed a chance to peel, to refresh, to start again."
-Ruth Ahmed

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### SPECIAL PROGRAMS

# Port Washington Adult Activities Center

80 Manorhaven Blvd, Port Washington, NY 11050

**Phone:** 516-883-6656 **Fax:** 516-883-8397

Email:

pwseniorcenter@gmail.com

Website:

Pwadultactivitiescenter.org

#### Hours:

Monday - Friday 8:00 am - 3:00 pm

Linda Livio,
Executive Director
Virginia Carroll
Admin. Coordinator
ginnypwaac@gmail.com

#### **Board of Directors:**

Kathy Levinson, President Marianne Bortone Prince Debbie Greco Cohen Pam Monfort Warren Schein Jeff Stone Pat Valente Daryl Zimbardi

### Advisory Board:

Ken Magida Laura Sweeney Joel Ziev Join us for a talk on fall prevention with Metro Physical Therapy Thursday, October 9 11:00am



Please call the office to register

Be sure to stop by the
Library and see the Art
exhibit displaying our very
talented art class. The
exhibit is displayed outside
of the Hagedorn room.
There will be an art
reception to celebrate their work.
Thursday, October 23
2-4pm
Hagedorn Meeting Room

## calling all crafers

Join us on Thursday October 16 at 10am to make a one of kind diamond painted book mark.

Sign up in the office for this fun activity.



	OCTOBER	OCTOBER 2025 LUNCH MENU	ENU	
Monday	Tuesday	Wednesday	Thursday	Friday
Reservations required daily by 2:00pm the day before.	FOOD PROVIDED BY: HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA GINO'S PIZZERIA AYHANS SHISH KEBAB	Grilled Cheese & Tomato Soup, Dessert	Ham & Swiss on a Roll, Chips, Dessert	NO LUNCH
Quiche Lorraine, Salad, Dessert	7 Chicken Salad on a Roll w/ Lettuce & Tomato, Chips, Dessert	Sesame Chicken, Pork Fried Rice, Eggroll, Dessert	9 Chicken Kebab, Rice, Salad, Dessert	NO LUNCH
COLUMBUS DAY	Slice of Sicilian Pizza, Salad, Dessert	Sausage, Peppers & Onions, Dessert	16 Roast Beef on a roll w/ Lettuce & Tomato, Potato Salad, Dessert	17 NO LUNCH
20 Chicken Roll, Salad, Dessert	<b>21</b> Turkey on a Roll, Cole Slaw, Dessert	22 Spinach Pie, Salad, Dessert	23 Meatball Hero, Salad, Dessert	24 NO LUNCH
Tuna Salad on Whole Wheat w/ Lettuce & Tomato, Chips, Dessert	Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert	29 Eggplant Parm Hero, Salad, Dessert	Party! Fried Chicken, Potato Salad, String Beans, Biscuit And a Sweet Treat	31 NO LUNCH



Thanks for all you do for the senior citizens of our community!

We're very proud to support the Port Washington Adult Activities Center's terrific programming.

30 Sagamore Hill Drive, Port Washington NY 11050 | 516.490.9352 www.dejanafoundation.org | info@DejanaFoundation.org

	ACTIVITY	ACTIVITY CALENDAR OCTOBER 2025	OBER 2025	
Monday	Tuesday	Wednesday	Thursday	Friday
For classes in RED, you must be registered with Project Independence.	For classes in BLUE, you must be registered with the office for the class	9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH	2 12:00 LUNCH 12:30 BINGO	3 10:00 Gentle Fitness w/ Claudia 11:00 Gentle Fitness w/Claudia
9:30 Walking Club 9:30 Art 12:00 Lunch	5 12:00 LUNCH 12:30 BINGO	9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH	7 12:00 LUNCH 12:30 BINGO	8 10:00 Gentle Fitness w/ Claudia 11:00 Gentle Fitness w/Claudia
CLOSED Columbus Day	11 10:00 Chair Yoga w/ Sarah 12:00 LUNCH 12:30 BINGO	9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe	13 12:00 LUNCH 12:30 BINGO	14 10:00 Gentle Fitness w/ Claudia 11:00 Gentle Fitness w/Claudia
9:30 Walking Club 9:30 Art 10:30 Chair exercise w/ Nicole 12:00 Lunch	21 10:00 Chair Yoga w/ Sarah 12:00 LUNCH 12:30 BINGO	9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe	23 12:00 LUNCH 12:30 BINGO	10:00 Gentle Fitness w/ Claudia 11:00 Gentle Fitness w/Claudia
9:30 Walking Club 9:30 Art 10:30 Chair exercise w/ Nicole 12:00 Lunch	28 10:00 Chair Yoga w/ Sarah 12:00 LUNCH 12:30 BINGO	9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe	30 12:00 LUNCH 12:30 BINGO	31 10:00 Gentle Fitness w/ Claudia 11:00 Gentle Fitness w/Claudia

We wish to thank all of our supporters for their continued generosity: Greentree Foundation "Good Neighbor" fund, The Laura B. Vogler Foundation, Hearts Foundation, The John Michael Marino Foundation Inc & The Bahnik Foundation, Inc.

### Special Thanks to:

- The Peter & Jeri Dejana Foundation
- The Town of North Hempstead
- The Community Chest of Port Washington
- Nassau Bar Foundation, We Care



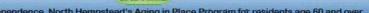


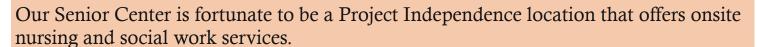












Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more. Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

**Social worker, Eileen Casey** helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for nonemergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311



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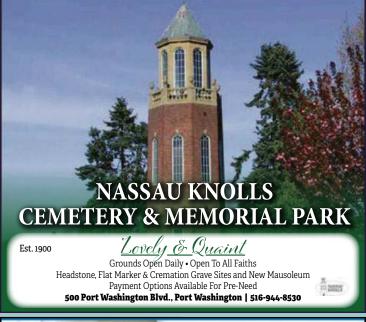
**OPEN** 

Wed-Thurs 7-8:00 | Tues-Fri 7-6:00 Sat-Sun 7-6:00 | Mon - Closed

(516) 767-3834

**Thank you for your love & support!**191 Main Street, Port Washington, NY 11050







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### Joseph M. Velotti

Licensed Funeral Director

Member of Sons of Italy John Michael Marino Lodge #1389 Port Washington

RoslynHeightsFH.com

### **SCRIP PROGRAM**

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

### **Scrip Order Form**

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Atletha	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
ВР	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
Ihop	\$25.00	
Subtotal:		

Name:	
Address:	
Phone Number:	

Company	Denomination	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
Macy's	\$25.00	
Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
Stop & Shop	\$25.00	
Stop & Shop	\$50.00	
Stop & Shop	\$100.00	
Smashburger	\$10.00	
TJ Maxx Brands	\$25.00	
TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
Subtotal:		
Total:		