

# September 2025 Newsletter



Please join Joseph Velotti of Roslyn Heights Funeral Home and James Galante of Nassau Knolls Cemetery for a **complimentary continental breakfast on Thursday, September 18 at 10:30am.**

The program will provide valuable information about the many different choices available for funeral planning as well as cemetery options. Their goal is to provide you with an opportunity to ask questions in a relaxed setting.

Please reserve your spot in the office.



Come out and display your **Pride in Port**

The annual PIP parade and senior luncheon will take place on

**Saturday, September 13.**

Parade begins at 11:00am followed by the senior luncheon at Schreiber H.S. at 12:30. Reservations required for the luncheon. Please stop in the office to reserve your spot and get more information.

Message from Linda:

Summer is coming to an end. I hope that everyone enjoyed the months of good weather and are looking forward to a blustery and colorful fall.

I hope you will join us in welcoming in the fall and showing your "Pride in Port" by attending the parade on Saturday, September 13 at 11:00am followed by the senior citizens luncheon. Reserve your spot today. Stop in the office for more information.



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Port Washington Adult Activities Center, Port Washington, NY

06-5300



## SPECIAL PROGRAMS

### Port Washington Adult Activities Center

80 Manorhaven Blvd,  
Port Washington, NY 11050

**Phone:** 516-883-6656

**Fax:** 516-883-8397

**Email:**

[pwseniorcenter@gmail.com](mailto:pwseniorcenter@gmail.com)

**Website:**

[Pwadultactivitiescenter.org](http://Pwadultactivitiescenter.org)

#### Hours:

Monday - Friday  
8:00 am - 3:00 pm

Linda Livio,  
**Executive Director**  
Virginia Carroll  
**Admin. Coordinator**  
[ginnypwaac@gmail.com](mailto:ginnypwaac@gmail.com)

#### Board of Directors:

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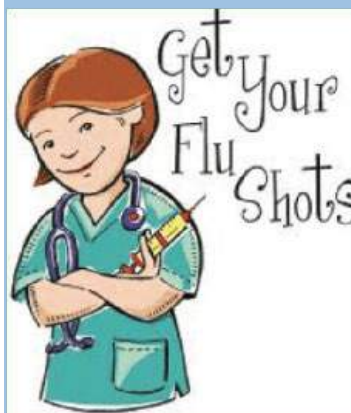


### Join our new BOOK CLUB!

Social worker Eileen Casey  
will be facilitating this group  
monthly.

The group will meet every  
second Wednesday of each month, starting on  
**September 10** from 2-3pm.

Please call 516-869-6311 (PI) to register.



### Flu Shots Friday, Sept 26 1pm-3pm

**Councilwoman Mariann  
Dalimonte is partnering  
with Northwell Health for  
a free Flu Shot program.**

**Both regular and enhanced shots will be  
available, no appointment necessary.**

### Bingo Night

Monday, September 29th  
7:00pm, doors open at 6:30  
\$25.00 per person  
**CA\$H PRIZES**

Stop in or call the office to  
reserve your spot!



# SEPTEMBER 2025 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>CLOSED</b> <b>LABOR DAY</b>	<b>2</b> Eggplant Parm Hero, Salad, Dessert	<b>3</b> Quiche Lorraine, Salad, Dessert	<b>4</b> Ham & Swiss on a Roll, Chips, Dessert	<b>5</b> NO LUNCH
<b>8</b> Grilled Cheese & Tomato Soup, Dessert	<b>9</b> Chicken Salad on a Roll w/ Lettuce & Tomato, Chips, Dessert	<b>10</b> Sesame Chicken, Pork Fried Rice, Eggroll, Dessert	<b>11</b> Chicken Kebab, Rice, Salad, Dessert	<b>12</b> NO LUNCH
<b>15</b> Gyro Platter, Salad, Pita, Dessert	<b>16</b> Meatball Hero, Salad, Dessert	<b>17</b> Sausage, Peppers & Onions, Dessert	<b>18</b> Roast Beef on a roll w/ Lettuce & Tomato, Potato Salad, Dessert	<b>19</b> NO LUNCH
<b>22</b> Chicken Roll, Salad, Dessert	<b>23</b> Turkey on a Roll, Cole Slaw, Dessert	<b>24</b> Spinach Pie, Salad, Dessert	<b>25</b> Slice of Sicilian Pizza, Salad, Dessert	<b>26</b> NO LUNCH
<b>29</b> Tuna Salad on Whole Wheat w/ Lettuce & Tomato, Chips, Dessert	<b>30</b> Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert		<i>Reservations required                      daily by 2:00pm the                      day before.                      \$5.00 Members, \$6                      Guest</i>	<b>FOOD PROVIDED BY:</b> HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA GINO'S PIZZERIA AYHANS SHISH KEBAB



Thanks for all you do for the senior  
citizens of our community!

We're very proud to support the Port  
Washington Adult Activities Center's  
terrific programming.

30 Sagamore Hill Drive, Port Washington NY 11050 | 516.490.9352  
www.dejanafoundation.org | info@DejanaFoundation.org

# ACTIVITY CALENDAR SEPTEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>CLOSED LABOR DAY</b>	<b>2</b> 12:00 LUNCH 12:30 BINGO	<b>3</b> 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH	<b>4</b> 12:00 LUNCH 12:30 BINGO	<b>5</b>
<b>8</b> 9:30 Walking Club 9:30 Art 10:30 Chair Exercise w/ Nicole 12:00 Lunch	<b>9</b> 10:00 Chair Yoga w/ Sarah 12:00 LUNCH 12:30 BINGO	<b>10</b> 9:30 Walking Club 9:30 Strengthen & Stretch w/Beth 11:00 Trivia Challenge 12:00 LUNCH	<b>11</b> 10:00 Total Body w/ Beth 12:00 LUNCH 12:30 BINGO	<b>12</b>
<b>15</b> 9:30 Walking Club 9:30 Art 10:30 Chair Exercise w/ Nicole 12:00 Lunch	<b>16</b> 10:00 Chair Yoga w/ Sarah 12:00 LUNCH 12:30 BINGO	<b>17</b> 9:30 Walking Club 9:30 Strengthen & Stretch w/Beth 11:00 Trivia Challenge 12:00 LUNCH <b>1:00 Tai Chi w/Joe</b>	<b>18</b> 10:00 Total Body w/ Beth 12:00 LUNCH 12:30 BINGO	<b>19</b> 10:00 Gentle Fitness w/ Claudia 11:00 Gentle Fitness w/Claudia
<b>22</b> 9:30 Walking Club 9:30 Art 12:00 Lunch	<b>23</b> 10:00 Chair Yoga w/ Sarah 12:00 LUNCH 12:30 BINGO	<b>24</b> 9:30 Walking Club 9:30 Strengthen & Stretch w/Beth 11:00 Trivia Challenge 12:00 LUNCH <b>1:00 Tai Chi w/Joe</b>	<b>25</b> 10:00 Total Body w/ Beth 12:00 LUNCH 12:30 BINGO	<b>26</b> 10:00 Gentle Fitness w/ Claudia 11:00 Gentle Fitness w/Claudia
<b>29</b> 9:30 Walking Club 9:30 Art 10:30 Chair exercise w/ Nicole 12:00 Lunch	<b>30</b> 10:00 Chair Yoga w/ Sarah 12:00 LUNCH 12:30 BINGO		<b>For classes in RED, you must be registered with Project Independence.</b>	<b>For classes in BLUE, you must be registered with the office for the class</b>

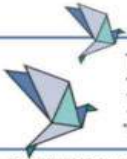
We wish to thank all of our supporters for their continued generosity: Greentree Foundation "Good Neighbor" fund, The Laura B. Vogler Foundation, Hearts Foundation, The John Michael Marino Foundation Inc & The Bahnik Foundation, Inc

Special Thanks to:

- ♦ The Peter & Jeri Dejana Foundation
- ♦ The Town of North Hempstead
- ♦ The Community Chest of Port Washington
- ♦ Nassau Bar Foundation, We Care



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**Project Independence**



Project Independence, North Hempstead's Aging in Place Program for residents age 60 and over.



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

*Social worker, Eileen Casey* helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311





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**Joseph M. Velotti**

*Licensed Funeral Director*

*Member of Sons of Italy John Michael Marino Lodge #1389 Port Washington*

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Port Washington Adult Activities Center, Port Washington, NY

06-5300

# SCRIP PROGRAM

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

## Scrip Order Form

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Athleta	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
BP	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
Ihop	\$25.00	
<b>Subtotal:</b>		

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Company	Denomination	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
Macy's	\$25.00	
Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
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Starbucks	\$25.00	
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Shell	\$50.00	
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TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
<b>Subtotal:</b>		
<b>Total:</b>		