

August 2025 Newsletter



Farmer's Market coupon book
distribution

**Tuesday, August 5
10:00am-12:00pm**

A representative from Nassau
County will be here to
distribute Farmers Market
Coupon books to
those who qualify



**Please join us for a
Nutrition Workshop with a
recipe demonstration.**

**Long Island Cares
Will be here on
Thursday, August 14 at
10:00 am**



**Learn
how to
Stretch
your
Food
Dollars**

Message from Linda:

I hope you are all enjoying your summer. As the weather gets warmer, please remember to stay hydrated. In extreme heat, remain in air conditioned buildings and avoid going out during the hottest part of the day. Come down to the Center and join us for lunch and to relax in the air conditioning. Don't forget to bring a sweater in case it gets too cold.



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Port Washington Adult Activities Center, Port Washington, NY

06-5300

SPECIAL PROGRAMS

Port Washington Adult Activities Center

80 Manorhaven Blvd,
Port Washington, NY 11050

Phone: 516-883-6656

Fax: 516-883-8397

Email:

pwseniorcenter@gmail.com

Website:

Pwadultactivitiescenter.org

Hours:

Monday - Friday
8:00 am - 3:00 pm

Linda Livio,
Executive Director
Virginia Carroll
Admin. Coordinator
ginnyppwaac@gmail.com

Board of Directors:

Kathy Levinson, President
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Laura Sweeney
Joel Ziev



Join us for an informative meeting regarding a new **BOOK CLUB!**
Social worker Eileen Casey will be facilitating this group monthly.

Come learn about it on
Wednesday, August 13 at 2:00 pm
Please sign up by calling 311 or stop in the office to learn more.

Save the Date
Friday,
October 10
7:30pm



Landmark Theater
Ticket price \$25.00, member special
2 for \$30.00
Please support our biggest fundraiser!

Bingo Night

Monday, September 29th

7:00pm, doors open at 6:30

\$25.00 per person

CASH PRIZES

Reserve your spot as soon as possible.



AUGUST 2025 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Reservations required daily by 2:00pm the day before.</i></p> <p>\$5.00 Members, \$6 Guests</p>	<p>FOOD PROVIDED BY: HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA GINO'S PIZZERIA AYTHANS SHISH KEBAB</p>			<p>1</p> <p>NO LUNCH</p>
<p>4</p> <p>NO LUNCH</p>	<p>5</p> <p>Chicken Salad on a Roll w/ Lettuce & Tomato, Chips, Dessert</p>	<p>6</p> <p>Sesame Chicken, Pork Fried Rice, Eggroll, Dessert</p>	<p>7</p> <p>Chicken Kebab, Rice, Salad, Dessert</p>	<p>8</p> <p>NO LUNCH</p>
<p>11</p> <p>NO LUNCH</p>	<p>12</p> <p>Meatball Hero, Salad, Dessert</p>	<p>13</p> <p>Sausage, Peppers & Onions, Dessert</p>	<p>14</p> <p>Roast Beef on a roll w/ Lettuce & Tomato, Potato Salad, Dessert</p>	<p>15</p> <p>NO LUNCH</p>
<p>18</p> <p>NO LUNCH</p>	<p>19</p> <p>Turkey on a Roll, Cole Slaw, Dessert</p>	<p>20</p> <p>Spinach Pie, Salad, Dessert</p>	<p>21</p> <p>Slice of Sicilian Pizza, Salad, Dessert</p>	<p>22</p> <p>NO LUNCH</p>
<p>25</p> <p>NO LUNCH</p>	<p>26</p> <p>Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert</p>	<p>27</p> <p>Tuna Salad on Whole Wheat w/ Lettuce & Tomato, Chips, Dessert</p>	<p>28</p> <p>Eggplant Parm Hero, Salad, Dessert</p>	<p>29</p> <p>NO LUNCH</p>



Thanks for all you do for the senior citizens of our community!

We're very proud to support the Port Washington Adult Activities Center's terrific programming.

30 Sagamore Hill Drive, Port Washington NY 11050 | 516.490.9352
www.dejanafoundation.org | info@DejanaFoundation.org

ACTIVITY CALENDAR AUGUST 2025

Monday	Tuesday	Wednesday	Thursday	Friday
For classes in RED, you must pay \$5 directly to Joe. Please have exact change.	For classes in BLUE, you must be registered with the office for the class			1
4 9:30 Walking Club 10:30 Chair Exercise w/Nicole	5 12:00 LUNCH 12:30 BINGO	6 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe -\$5	7 12:00 LUNCH 12:30 BINGO	8
11 9:30 Walking Club 10:30 Chair Exercise w/Nicole	12 12:00 LUNCH 12:30 BINGO	13 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe -\$5	14 12:00 LUNCH 12:30 BINGO	15
18 9:30 Walking Club	19 12:00 LUNCH 12:30 BINGO	20 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe -\$5	21 12:00 LUNCH 12:30 BINGO	22
25 9:30 Walking Club	26 12:00 LUNCH 12:30 BINGO	27 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe -\$5	28	29

We wish to thank all of our supporters for their continued generosity: The Donald and Barbara Zucker Family Foundation, The Laura B. Vogler Foundation, Inc, Kiwanis of Manhasset/Port Washington, Nassau County Bar Foundation, Inc. WE CARE Fund, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- ♦ The Peter & Jeri Dejana Foundation
- ♦ The Town of North Hempstead
- ♦ The Community Chest of Port Washington



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse **Kelly Steinmann** provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

Social worker, Eileen Casey helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311



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Port Washington Adult Activities Center, Port Washington, NY

06-5300

SCRIP PROGRAM

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

Scrip Order Form

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Athleta	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
BP	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
Ihop	\$25.00	
Subtotal:		

Name: _____

Address: _____

Phone Number: _____

Company	Denomination	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
Macy's	\$25.00	
Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
Stop & Shop	\$25.00	
Stop & Shop	\$50.00	
Stop & Shop	\$100.00	
Smashburger	\$10.00	
TJ Maxx Brands	\$25.00	
TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
Subtotal:		
Total:		