

# July 2025 Newsletter



FUNDAY MONDAY (July 7, 14, 21, 28, August 4, 11, 18) at North Hempstead Beach Park

Entertainment begins at 11am

**Weekly**

7/7 Stan & Edi

**9-11 Pickle Ball**

7/14 Legends (tribute to Elvis & Cher)

**9-10 Yoga**

**10-11 Line Dance**

7/21 Something Special Big Band

**11-12 Tai Chi**

7/28 Resource Fair & DJ

8/4 Country Music Line Dance

8/11 Blue Hawaii

Message from Linda:

“Only in America can someone start with nothing and achieve the American Dream. That’s the greatness of this country.”

-Rafael Cruz



Happy 4th of July! Join in the festivities down at the North Hempstead Beach Park from 10am-2pm. Transportation will be provided from the Center on Monday's at 9:30am.

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Port Washington Adult Activities Center, Port Washington, NY

06-5300

## SPECIAL PROGRAMS

### Port Washington Adult Activities Center

80 Manorhaven Blvd,  
Port Washington, NY 11050

**Phone:** 516-883-6656

**Fax:** 516-883-8397

**Email:**

[pwseniorcenter@gmail.com](mailto:pwseniorcenter@gmail.com)

**Website:**

[Pwadultactivitiescenter.org](http://Pwadultactivitiescenter.org)

**Hours:**

Monday - Friday

8:00 am - 3:00 pm

Linda Livio,  
**Executive Director**

Julie Gamman,  
**Programming Coord.**  
[juliepwseniorcenter@gmail.com](mailto:juliepwseniorcenter@gmail.com)

Virginia Carroll  
**Admin. Coordinator**  
[ginnypwaac@gmail.com](mailto:ginnypwaac@gmail.com)

#### **Board of Directors:**

Kathy Levinson, President

Marianne Bortone Prince

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Pam Monfort

Donna Rice

Warren Schein

Jeff Stone

Pat Valente

Daryl Zimbardi

#### **Advisory Board:**

Ken Magida

Laura Sweeney

Joel Ziev

Join us on Thursday, July 17th  
at 10:30am.

The Cow Neck Historical Society will be  
here to give us a virtual tour of Port  
Washingtons History.  
Please call or stop in the  
office to secure your  
spot.



4th of July Party  
Tuesday, July 8

Hot Dogs, Macaroni Salad,  
Baked Beans & a Sweet Treat  
\$10.00

Please reserve you spot by stopping in the  
office or calling 883-6656

SAVE THE DATE

Port's Got Talent

Friday,

October 10th

7:30pm

You do not want  
to miss this year's show!





## JULY 2025 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>Reservations required daily by 2:00pm the day before.</u></b> <b>\$5.00 Members, \$6 Guest</b>	<b>1</b> Meatball Parmesan Hero, Salad, Dessert	<b>2</b> Quiche Lorraine, Salad, Dessert	<b>3</b> Roast Beef on a roll w/ lettuce & tomato, Potato Salad, Dessert	<b>4</b> <b>CLOSED INDEPENDENCE DAY!</b>
<b>7</b> NO LUNCH	<b>8</b> <b>Independence Day Party</b> Hot Dogs, Macaroni Salad, Baked Beans, Dessert	<b>9</b> Sesame Chicken, Pork Fried Rice, Eggroll, Dessert	<b>10</b> Tuna Salad on Whole Wheat w/Lettuce * & Tomato, Chips, Dessert	<b>11</b> NO LUNCH
<b>14</b> NO LUNCH	<b>15</b> Turkey on a roll w/ Lettuce & Tomato, Cole Slaw, Dessert	<b>16</b> Grilled Cheese & Tomato Soup, Dessert	<b>17</b> Slice of Pizza, Salad, Dessert	<b>18</b> NO LUNCH
<b>21</b> NO LUNCH	<b>22</b> Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert	<b>23</b> Chicken Kebab, Salad, Bread, dessert	<b>24</b> Ham & Swiss on a Roll, Bag of Chips, Dessert	<b>25</b> NO LUNCH
<b>28</b> NO LUNCH	<b>29</b> Eggplant Parmesan Hero, Salad, Dessert	<b>30</b> Sausage, Peppers & Onions, Dessert	<b>31</b> Gyro Platter w/Rice, Salad, Pita	<b>FOOD PROVIDED BY:</b> <b>HINCK'S DELI</b> <b>GUM HOW CHINESE</b> <b>CARLOS PIZZERIA</b> <b>AYHANS SHISH KEBAB</b> <b>COOKED @ CENTER</b>



**Thanks for all you do for the senior citizens of our community!**

We're very proud to support the Port Washington Adult Activities Center's terrific programming.

**30 Sagamore Hill Drive, Port Washington NY 11050 | 516.490.9352**  
**www.dejanafoundation.org | info@DejanaFoundation.org**

# ACTIVITY CALENDAR JULY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	<b>2</b> 9:30 Strengthen & Stretch 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe \$5	<b>3</b> 12:00 LUNCH 12:30 BINGO	<b>4</b> <b>Closed</b> <b>4th of July</b>
<b>7</b> 9:30 Art w/ Lee 9:30 Walking Club 12:00 LUNCH	<b>8</b> 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	<b>9</b> 9:30 Strengthen & Stretch 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe \$5	<b>10</b> 10:00 Total Body w/Beth 12:00 LUNCH 12:30 BINGO	<b>11</b>
<b>14</b> 9:30 Art w/ Lee 9:30 Walking Club 12:00 LUNCH	<b>15</b> 12:00 LUNCH 12:30 BINGO	<b>16</b> 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe \$5	<b>17</b> 12:00 LUNCH 12:30 BINGO	<b>18</b>
<b>21</b> 9:30 Art w/ Lee 9:30 Walking Club 10:30 Chair Exercise w/Nicole 12:00 LUNCH	<b>22</b> 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	<b>23</b> 9:30 Strengthen & Stretch 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe \$5	<b>24</b> 10:00 Total Body 12:00 LUNCH 12:30 BINGO	<b>25</b>
<b>28</b> 9:30 Art w/ Lee 9:30 Walking Club 10:30 Chair Exercise w/Nicole 12:00 LUNCH	<b>29</b> 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	<b>30</b> 9:30 Strengthen & Stretch 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe \$5	<b>31</b> 10:00 Total Body 12:00 LUNCH 12:30 BINGO	For classes in BLUE, you must be registered with the office for the class

We wish to thank all of our supporters for their continued generosity: Greentree Foundation “Good Neighbor” fund, The Laura B. Vogler Foundation, Inc, Hearts Foundation, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- ♦ The Peter & Jeri Dejana Foundation
- ♦ The Town of North Hempstead
- ♦ Nassau Bar Foundation, We Care
- ♦ The Community Chest of Port Washington



## WE CARE FUND



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30 Sagamore Hill Drive, Port Washington NY 11050 | 516.490.9352 | [www.dejanafoundation.org](http://www.dejanafoundation.org) | [info@DejanaFoundation.org](mailto:info@DejanaFoundation.org)



### Project Independence



Project Independence, North Hempstead's Aging in Place Program for residents age 60 and over.



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

*Eileen Casey* our social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Eileen is at the Center Monday-Thursday 9-3, call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
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For more information about Project Independence, call 311 or 869-6311



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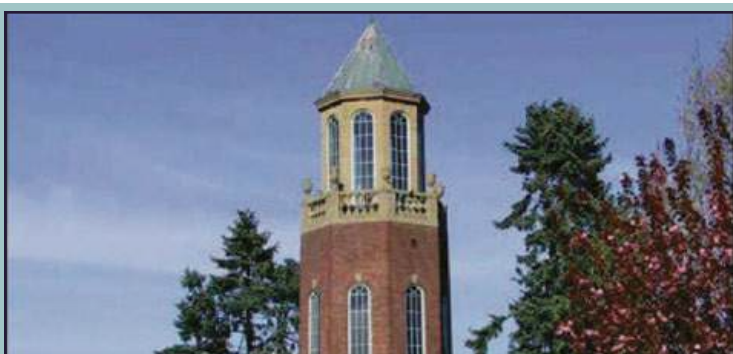
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# SCRIP PROGRAM

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

## Scrip Order Form

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Athleta	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
BP	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
Ihop	\$25.00	
<b>Subtotal:</b>		

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Company	Denomination	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
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McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
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Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
Stop & Shop	\$25.00	
Stop & Shop	\$50.00	
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TJ Maxx Brands	\$50.00	
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Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
<b>Subtotal:</b>		
<b>Total:</b>		