

June 2025 Newsletter



Monday, June 23
Life Vac talk

**The Kiwanis Club and a
representative from LifeVac
will be here on Monday, May
23 at 11am**

**To talk about this life saving
device. Choking is the leading
cause of death in young
children and adults over 65.
Come learn about this life
saving device.**

Please sign up in the office.



Bingo Night

**Tuesday, June
24**

**7:00pm, doors open at
6:30pm**

**\$25.00 per person
CA\$H PRIZES**

**Call or stop in the office
to reserve your spot.**

Message from Linda:

**Happy Father's Day to all the dads, the not yet dads, the
stepdads, the moms who are dads, the adoptive dads,
the granddads and the dads who are no longer with us.**

**Get ready for the lazy days of
summer to begin, summer
begins on June 20th.**

**Remember, Fundays Mondays
at North Hempstead Beach
park begins on Monday, July 7.**



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Port Washington Adult Activities Center, Port Washington, NY

06-5300

SPECIAL PROGRAMS

Port Washington Adult Activities Center

80 Manorhaven Blvd,
Port Washington, NY 11050

Phone: 516-883-6656

Fax: 516-883-8397

Email:

pwseniorcenter@gmail.com

Website:

Pwadultactivitiescenter.org

Hours:

Monday - Friday
8:00 am - 3:00 pm

Linda Livio,
Executive Director

Julie Gamman,
Programming Coord.
juliepwseniorcenter@gmail.com

Virginia Carroll
Admin. Coordinator
ginnyppwaac@gmail.com

Board of Directors:

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Pat Valente
Daryl Zimbardi

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Ken Magida
Laura Sweeney
Joel Ziev



Father's Day Party
Tuesday, June 17
\$10.00 per person

Pulled Pork Sliders,
Cole Slaw, Corn on the Cob & a Sweet Treat
Please reserve you spot by stopping in the
office or calling 883-6656



**Join us for a tour of the
Marchant Marine
Academy**

Friday, June 28
\$15.00 per person to
include a brown bag lunch

Bus will depart at 10:00am
Please contact the office for more
information and to reserve your spot.

SAVE THE DATE

Port's Got Talent

Sunday,

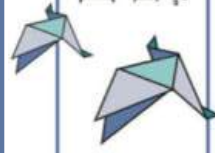
October 26th

3:00 PM

You do not want
to miss this year's show!



JUNE 2025 LUNCH MENU				
Monday	Tuesday	Wednesday	Thursday	Friday
2 Gyro Platter w/Rice, Salad, Pita	3 Spaghetti & Meatballs, Salad, Dessert	4 Quiche Lorraine, Salad, Dessert	5 Roast Beef on a roll w/ lettuce & tomato, Potato Salad, Dessert	6 NO LUNCH
9 Chicken Roll, Salad, Dessert	10 Turkey on a roll w/ Lettuce & Tomato, Cole Slaw, Dessert	11 Sesame Chicken, Pork Fried Rice, Eggroll, Dessert	12 Eggplant Parmesan Hero, Salad, Dessert	13 NO LUNCH
16 Spinach Pie, Salad, Dessert	17 Father's Day Pulled Pork Sliders, Corn on the Cob, Cole Slaw and a Sweet Treat	18 Grilled Cheese & Tomato Soup, Dessert	19 CLOSED JUNETEENTH	16 NO LUNCH
23 Sausage, Peppers & Onions, Salad, Dessert	24 Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert	25 Chicken Kebab, Salad, Bread, dessert	26 Slice of Pizza, Salad, Dessert	27 NO LUNCH
30 Chicken Salad Sandwich, Chips, Dessert			<i>Reservations required daily by 2:00pm the day before.</i> \$5.00 Members, \$6 Guest	FOOD PROVIDED BY: HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA AYHANS SHISH KEBAB COOKED @ CENTER



Peter & Jeri Dejana
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"Supporting our community, locally and beyond."

**Thanks for all you do for the senior
citizens of our community!**

We're very proud to support the Port
Washington Adult Activities Center's
terrific programming.

30 Sagamore Hill Drive, Port Washington NY 11050 | 516.490.9352
www.dejanafoundation.org | info@DejanaFoundation.org

ACTIVITY CALENDAR JUNE 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Art w/ Melba 9:30 Walking Club 10:30 Chair Exercise w/Nicole 12:00 LUNCH	3 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	4 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe	5 12:00 LUNCH 12:30 BINGO	6 10:00 Gentle Fitness w/Claudia 11:00 Gentle Fitness w/Claudia
9 9:30 Art w/ Lee 9:30 Walking Club 12:00 LUNCH	10 12:00 LUNCH 12:30 BINGO	11 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe	12 12:00 LUNCH 12:30 BINGO	13 10:00 Gentle Fitness w/Claudia 11:00 Gentle Fitness w/Claudia
16 9:30 Art w/ Melba 9:30 Walking Club 10:30 Chair Exercise w/Nicole 12:00 LUNCH	17 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	18 9:30 Strengthen & Stretch 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH	19 CLOSED JUNETEENTH	20
23 9:30 Art w/ Lee 9:30 Walking Club 10:30 Chair Exercise w/Nicole 12:00 LUNCH	24 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	25 9:30 Strengthen & Stretch 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH	26 9:30 Total Body 12:00 LUNCH 12:30 BINGO	27
30 9:30 Art w/ Melba 9:30 Walking Club 10:30 Chair Exercise w/Nicole 12:00 LUNCH			For classes in BLUE, you must be registered with the office for the class	For classes in RED, you must be registered with Project Independence. Please call 311 to register

We wish to thank all of our supporters for their continued generosity: Greentree Foundation "Good Neighbor" fund, The Laura B. Vogler Foundation, Inc, Hearts Foundation, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- ♦ The Peter & Jeri Dejana Foundation
- ♦ The Town of North Hempstead
- ♦ Nassau Bar Foundation, We Care
- ♦ The Community Chest of Port Washington



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Project Independence



Project Independence, North Hempstead's Aging in Place Program for residents age 60 and over.



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

Eileen Casey our social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Eileen is at the Center Monday-Thursday 9-3, call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311



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Port Washington Adult Activities Center, Port Washington, NY

06-5300

SCRIP PROGRAM

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

Scrip Order Form

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Athleta	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
BP	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
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Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
Ihop	\$25.00	
Subtotal:		

Name: _____

Address: _____

Phone Number: _____

Company	Denomination	# of cards
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Kohl's	\$100.00	
Lands' End	\$25.00	
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Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
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Stop & Shop	\$50.00	
Stop & Shop	\$100.00	
Smashburger	\$10.00	
TJ Maxx Brands	\$25.00	
TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
Subtotal:		
Total:		