

# April 2025 Newsletter



## Falconer's Florist Demo

Tuesday, April 22  
10:00am

Sean will be here to do a floral demonstration. Each arrangement will be raffled off to a lucky participant.



Call the office to reserve your spot.

Join us on

Thursday, April 10 at 10:30am  
for a presentation from Collette  
Tours

Spain's Costa del Sol & Madrid  
Kristen from Herricks travel  
will be here to help you book your  
trip. For more  
information or to  
set up an  
appointment with  
Kristen please call.  
516-294-0020



## Message from Linda:

Wishing you all the warmth of Spring  
and all the joys a new season brings.



Happy  
Passover!



Happy Easter!



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CONTACT ME  
Sandra Tomczak

[stomczak@4LPi.com](mailto:stomczak@4LPi.com)

(800) 950-9952 x2402

## DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?

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## SPECIAL PROGRAMS

### Port Washington Adult Activities Center

80 Manorhaven Blvd,  
Port Washington, NY 11050

**Phone:** 516-883-6656

**Fax:** 516-883-8397

**Email:**

[pwseniorcenter@gmail.com](mailto:pwseniorcenter@gmail.com)

**Website:**

[Pwadultactivitiescenter.org](http://Pwadultactivitiescenter.org)

**Hours:**

Monday - Friday

8:00 am - 3:00 pm

Linda Livio,  
Executive Director

Julie Gamman,  
Programming Coord.  
[juliepwseniorcenter@gmail.com](mailto:juliepwseniorcenter@gmail.com)

Virginia Carroll  
Admin. Coordinator  
[ginnypwaac@gmail.com](mailto:ginnypwaac@gmail.com)

**Board of Directors:**

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Daryl Zimbardi

**Advisory Board:**

Ken Magida

Laura Sweeney

Joel Ziev

Please join us in celebrating  
our senior members who  
participate in our Art classes.



### Art Exhibit & Reception

Wednesday, April 23

2:00pm-4:00pm

Port Washington Public Library

Hagedorn Meeting Room

### Smart Van Senior Mobile Access to Resources & Technology

Friday, April 11

10am-12pm

They will be able to provide technology  
training, connection to  
resources and informal  
counseling.

No appointment necessary.



### Spring Party

Tuesday, April 15

Ham, Sweet Potato Casserole, Mixed  
Vegetables, Roll & a Sweet Treat

\$10 per person

Reserve your spot in the office.



# APRIL 2025 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Eggplant Parmesan Platter, Salad, Dessert	<b>2</b> Tuna Salad on Whole Wheat, Chips, Dessert	<b>3</b> Slice of Pizza, Salad, Dessert	<b>4</b> NO LUNCH
<b>7</b> Penne alla Vodka, Salad, Dessert	<b>8</b> Turkey on a roll w/ Lettuce & Tomato, Cole Slaw, Dessert	<b>9</b> Sesame Chicken, Pork Fried Rice, Eggroll, Dessert	<b>10</b> Spaghetti & Meatballs, Salad, Dessert	<b>11</b> NO LUNCH
<b>14</b> Gyro Platter, Salad, Bread, Dessert	<b>15</b> PARTY! Ham, Sweet Potato Casserole, Mixed Vegetables, Dessert	<b>16</b> Grilled Cheese & Tomato Soup, Dessert	<b>17</b> Roast Beef on a roll, Potato Salad, Dessert	<b>18</b> NO LUNCH
<b>21</b> Ham and Swiss on a Roll, Chips, Dessert	<b>22</b> Meatball Hero, Salad, Dessert	<b>23</b> Sausage, Peppers & Onions, Salad, Dessert	<b>24</b> Chicken Kebab, Salad, Bread, dessert	<b>25</b> NO LUNCH
<b>28</b> Spinach Pie, Salad, Dessert	<b>29</b> Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert	<b>30</b> Chicken Salad Sandwich, Chips, Dessert	<b>Reservations required daily by 2:00pm the day before. \$5.00 Members, \$6 Guest</b>	<b>FOOD PROVIDED BY:</b> HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA AYHANS SHISH KEBA



Thanks for all you do for the senior citizens of our community!

We're very proud to support the Port Washington Adult Activities Center's terrific programming.

30 Sagamore Hill Drive, Port Washington NY 11050 | 516.490.9352  
www.dejanafoundation.org | info@DejanaFoundation.org

# ACTIVITY CALENDAR APRIL 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	<b>2</b> 9:30 Strengthen & Stretch 11:00 Trivia Challenge 12:00 LUNCH 12:30 Walking Club 1:00 Tai Chi w/Joe	<b>3</b> 12:00 LUNCH 12:30 BINGO	<b>4</b> 10:00 Gentle Fitness w/ Claudia 11:00 Gentle Fitness w/ Claudia
<b>7</b> 9:30 Art w/ Lee 10:30 Chair Exercise w/Nicole 12:00 LUNCH 12:30 Walking Club	<b>8</b> 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	<b>9</b> 9:30 Strengthen & Stretch 11:00 Trivia Challenge 12:00 LUNCH 12:30 Walking Club 1:00 Tai Chi w/Joe	<b>10</b> 12:00 LUNCH 12:30 BINGO	<b>11</b> 10:00 Gentle Fitness w/ Claudia 11:00 Gentle Fitness w/ Claudia
<b>14</b> 9:30 Art w/ Melba 12:00 LUNCH 12:30 Walking Club	<b>15</b> 12:00 LUNCH 12:30 BINGO	<b>16</b> 11:00 Trivia Challenge 12:00 LUNCH 12:30 Walking Club	<b>17</b> 12:00 LUNCH 12:30 BINGO	<b>18</b>
<b>21</b> 9:30 Art w/ Lee 10:30 Chair Exercise w/Nicole 12:00 LUNCH 12:30 Walking Club	<b>22</b> 12:00 LUNCH 12:30 BINGO	<b>23</b> 9:30 Strengthen & Stretch 11:00 Trivia Challenge 12:00 LUNCH 12:30 Walking Club	<b>24</b> 12:00 LUNCH 12:30 BINGO	<b>25</b>
<b>28</b> 9:30 Art w/ Melba 10:30 Chair Exercise w/Nicole 12:00 LUNCH 12:30 Walking Club	<b>29</b> 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	<b>30</b> 9:30 Strengthen & Stretch 11:00 Trivia Challenge 12:00 LUNCH 12:30 Walking Club 1:00 Tai Chi w/Joe	For classes in BLUE, you must be registered with the office for the class.	For classes in RED, you must be registered with Project Independence. Please call 311 to register

We wish to thank all of our supporters for their continued generosity: Greentree Foundation “Good Neighbor” fund, The Laura B. Vogler Foundation, Inc, Hearts Foundation, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- ♦ The Peter & Jeri Dejana Foundation
- ♦ The Town of North Hempstead
- ♦ Nassau Bar Foundation, We Care
- ♦ The Community Chest of Port Washington



**WE CARE FUND**



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**Project Independence**



Project Independence, North Hempstead's Aging in Place Program for residents age 60 and over.



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

*Eileen Casey* our social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Eileen is at the Center Monday-Thursday 9-3, call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311



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LOCALLY**



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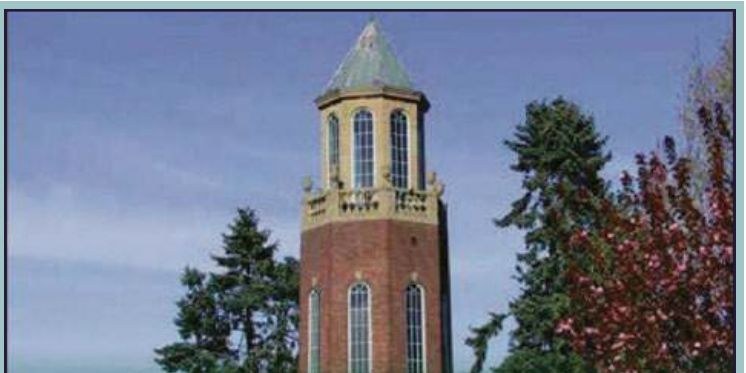
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# SCRIP PROGRAM

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

## Scrip Order Form

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Athleta	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
BP	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
lhop	\$25.00	
<b>Subtotal:</b>		

**Name:**

**Address:**

**Phone Number:**

Company	Denomination	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
Macy's	\$25.00	
Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
Stop & Shop	\$25.00	
Stop & Shop	\$50.00	
Stop & Shop	\$100.00	
Smashburger	\$10.00	
TJ Maxx Brands	\$25.00	
TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
<b>Subtotal:</b>		
<b>Total:</b>		