## December 2024 Newsletter



Join us for some Bingo Fun!
Wednesday, December 11
7:00pm (doors open at 6:30pm)
\$25.00 Per Person
Door Prizes!
Cash Prizes— Up to \$650 Given out
that evening.
Reserve your spot today, sign up in
the office.



Holíday Party & Síng Along
Thursday, December 19
12:00 lunch followed by a
Holíday síng-a long. Baked
Zítí, Síde Salad, Bread &
Dessert

\$8.00 per person Reserve your spot by December 10 or until we reach capacity.



Message from Linda, Julie, Ginny & Heidi:

May this beautiful holiday season fill your heart with love, your home with joy and your life with laughter.

Happy Holidays! Wishing you and your family love, peace and joy!

Merry Christmas and Happy Hannakah to all.





### SPECIAL PROGRAMS

# Port Washington Adult Activities Center

80 Manorhaven Blvd, Port Washington, NY 11050

**Phone:** 516-883-6656 **Fax:** 516-883-8397

Email:

pwseniorcenter@gmail.com

Website:

Pwadultactivitiescenter.org

#### Hours:

Monday - Friday 8:00 am - 3:00 pm

Linda Livio, **Executive Director** 

Julie Gamman,
Programming Coord.
juliepwseniorcenter@gmail.
com
Virginia Carroll
Admin. Coordinator
ginnypwaac@gmail.com

#### **Board of Directors:**

Kathy Levinson, President Marianne Bortone Prince Barbara Faticone Debbie Greco Cohen Pam Monfort Angela Mullons Jean-Marie Posner Donna Rice Warren Schein Jeff Stone Pat Valente Daryl Zimbardi

#### **Advisory Board**:

Ken Magida Laura Sweeney Joel Ziev Dr. Sam First, DDS
Will be here to discuss the importance of dental health, regular preventive care, implants & cosmetic dentistry. Join us for this informative lecture all participants will receive a goodie bag & a coupon for a free exam & X-rays.

### Wednesday, Dec 4 10am

MUST be registered with the office by Dec 2

Reminiscing with Michele
Join us for this wonderful program designed for recalling an individual's journey throughout their lifetime.

Reminiscing recreates life's meaning by connecting individuals past memories and experiences with nostalgic good feelings.

Tuesday, December 10 10:00am Please let the office know if you plan on attending.

## Holiday Concert

Join us on
Tuesday, December 17 at 11an
For a special Holiday
Concert from the 3rd
graders of Sousa
Elementary school.

	DECEA	DECEMBER 2024 LUNCH MENU	CH MENU	
	Tuesday	Wednesday	Thursday	Friday
7	Roast Beef on a roll w/ Lettuce & Tomato, Chips, Dessert	Grilled Cheese, Soup, Dessert	Eggplant Parm Hero, Salad, Dessert	NO LUNCH
9	10 Chicken Kebob, Rice, Salad, Bread & Dessert	Chicken Roll, Salad, Dessert	Turkey on a roll w/Lettuce & Tomato, Cole Slaw, Dessert	13 NO LUNCH
16	Slice of Sicilian Pizza, Salad, Dessert	Chicken Salad on a Roll, Bag of Chips, Dessert	HOLIDAY PARTY! 19 Baked Ziti, Salad, Bread & Dessert	20 NO LUNCH
23	24 CLOSED	MARRY CHRSTMS	HANUKKAH	27 CLOSED
30	31 CLOSED	Happy	Reservations required daily by 2:00pm the day before.	FOOD PROVIDED BY: HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA AYHANS SHISH KEBAB

	ACTIVITY	ACTIVITY CALENDAR DECEMBER 2024	:EMBER 2024	
Monday	Tuesday	Wednesday	Thursday	Friday
9:30 Art w/Melba 10:30 Chair Exercise 12:30 Walking Club 10:00-2:00 St. Francis Health Van	3 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	10:00 Dental Chat 11:00 Trivia Challenge 12:00 LUNCH 12:30 Walking Club 1:00 Tai Chi w/Joe	5 10:00 Chair Dance 12:00 LUNCH 12:30 BINGO	10:00 Gentle Fitness w/ Elaine 11:00 Gentle Fitness w/ Elaine
9:30 Art w/Sydney 10:30 Chair Exercise 12:30 Walking Club	10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	11:00 Trivia Challenge 12:00 LUNCH 12:30 Walking Club 1:00 Tai Chi w/Joe	12:00 Chair Dance 12:00 LUNCH 12:30 BINGO	10:00 Gentle Fitness w/ Elaine 11:00 Gentle Fitness w/ Elaine
16 9:30 Art w/Melba 10:30 Chair Exercise 12:30 Walking Club	17 11:00 Holiday Concert 12:00 LUNCH 12:30 BINGO	11:00 Trivia Challenge 12:00 LUNCH 12:30 Walking Club	19 12:00 LUNCH 12:30 BINGO	20
23 CLOSED Happy Holidays!	24	25 ************************************	Happy Hanukkah 26	CLOSED Happy Holidays!
CLOSED Happy Holidays!	31 (* Happy *)		For classes in BLUE, you must be registered with the office for the class	For classes in RED, you must registered with Project Independence. Please call 311

We wish to thank all of our supporters for their continued generosity: The Donald and Barbara Zucker Family Foundation, The Laura B. Vogler Foundation, Inc, Kiwanis of Manhasset/Port Washington, Nassau County Bar Foundation, Inc. WE CARE Fund, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- The Peter & Jeri Dejana Foundation
- The Town of North Hempstead
- The Community Chest of Port Washington













Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steirmann* provides services such as blood pressure screening, health information/education, medication counseling, and more. Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

A social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for nonemergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311

## **SCRIP PROGRAM**

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

## **Scrip Order Form**

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	,
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Atletha	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
ВР	\$50.00	
ВР	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
Ihop	\$25.00	
Subtotal:		

Name:	
Address:	
Phone Number:	

Company	<b>Denomination</b>	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
Macy's	\$25.00	
Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
Stop & Shop	\$25.00	
Stop & Shop	\$50.00	
Stop & Shop	\$100.00	
Smashburger	\$10.00	
TJ Maxx Brands	\$25.00	
TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
Subtotal:		
Total:		