

September 2024 Newsletter



Octoberfest Plattdeutsche Park

Friday, October 11
\$90.00 per person
Includes: Buffet lunch,
beer, wine dessert &
transportation. Bus departs
11:15am. Stop
by the office to
reserve your
spot by Oct 1



Come out
and display
your
**Pride in
Port**

The annual PIP parade & senior luncheon will take place on **Saturday, September 28** Parade begins at 11:00 followed by the senior luncheon at Schreiber H.S. at 12:30, reservations required for the luncheon.. Please stop in the office to reserve your spot and get more information.

Message from Linda:

I hope that you all had a fantastic summer. Remember, your tan may fade but the memories you made will last forever.

I hope you will join us in welcoming in the fall and showing your “Pride in Port” by attending the parade on Saturday, September 28 at 11:00am followed by the senior residents luncheon. Reserve your spot today. Stop in the office for more information.



SPECIAL PROGRAMS

Port Washington Adult Activities Center

80 Manorhaven Blvd,
Port Washington, NY 11050

Phone: 516-883-6656

Fax: 516-883-8397

Email:

pwseniorcenter@gmail.com

Website:

Pwadultactivitiescenter.org

Hours:

Monday - Friday

8:00 am - 3:00 pm

Linda Livio,
Executive Director

Julie Gamman,
Programming Coord.
juliepwseniorcenter@gmail.com

Virginia Carroll
Admin. Coordinator
ginnypwaac@gmail.com

Board of Directors:

Kathy Levinson, President

Marianne Bortone Prince

Barbara Faticone

Debbie Greco Cohen

Pam Monfort

Angela Mullons

Jean-Marie Posner

Donna Rice

Warren Schein

Jeff Stone

Pat Valente

Daryl Zimbardi

Advisory Board:

Ken Magida

Laura Sweeney

Joel Ziev

Fall Harvest Party Tuesday, Sept 24

Sheppard's Pie, Salad, Biscuit
and a Sweet Treat

\$8.00 per person . Please call or
stop by the office to reserve
your spot.



Receiver of Taxes MaryJo Collins Will be here on September 19 at 10:00am

She will speak about the available
services and exemptions. She will give
you an overview of the many services the tax office
can assist you with specifically for seniors. Don't
miss this opportunity to get a better understanding
and receive some practical suggestions on how to
take advantage of the exemptions to which you are
entitled. Call the office to reserve your spot.



This Life of Mine Sharing and Creating New Memories Through Journaling

This 8 week guided journaling group will inspire
you to record the details and
stories of your life.

Wednesdays, 9:30am
October 2, 9, 16, 23, 30
Nov 6, 13 & 20
Cost \$10



SEPTEMBER 2024 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Closed Labor Day</p>	<p>3</p> <p>Slice of Sicilian Pizza, Salad, Dessert</p>	<p>4</p> <p>Grilled Cheese, Salad, Dessert</p>	<p>5</p> <p>Roast Beef on a roll w/ Lettuce & Tomato, Potato Salad, Dessert</p>	<p>6</p> <p>NO LUNCH</p>
<p>9</p> <p>Stuffed Shells, Salad, Dessert</p>	<p>10</p> <p>Ham & Swiss on a Roll, Chips, Dessert</p>	<p>11</p> <p>Sesame Chicken, Pork Fried Rice, Eggroll, Dessert</p>	<p>12</p> <p>Gyro Platter, Rice, Salad, Bread & Dessert</p>	<p>13</p> <p>NO LUNCH</p>
<p>16</p> <p>Chicken Salad on a Roll, Bag of Chips, Dessert</p>	<p>17</p> <p>Chicken Kebab, Rice, Salad, Dessert</p>	<p>18</p> <p>Spaghetti & Meatballs, Salad, Dessert</p>	<p>19</p> <p>Turkey on a Roll, Cole Slaw, Dessert</p>	<p>20</p> <p>NO LUNCH</p>
<p>23</p> <p>Chicken Roll, Salad, Dessert</p>	<p>24</p> <p>Party Sheppard's Pie, Salad, biscuit & Sweet Treat</p>	<p>25</p> <p>Tuna on Whole Wheat, Chips, Dessert</p>	<p>26</p> <p>Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert</p>	<p>27</p> <p>NO LUNCH</p>
<p>30</p> <p>Spinach Pie, Salad, Dessert</p>				<p>FOOD PROVIDED BY: HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA GINO'S PIZZERIA AYHANS SHISH KEBAB</p>

*Reservations required
daily by 2:00pm the day
before.*

\$5.00 Members, \$6 Guests

ACTIVITY CALENDAR SEPTEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 Closed Labor Day	3 12:00 LUNCH 12:30 BINGO	4 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH	5 12:00 LUNCH 12:30 BINGO	6 10:00 Gentle Fitness w/ Elaine 11:00 Gentle Fitness w/ Elaine
9 9:30 Art w/Melba 9:30 Walking Club 10:00 Chair Exercise	10 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	11 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH	12 10:00 Chair Dance 12:00 LUNCH 12:30 BINGO	13 10:00 Gentle Fitness w/ Elaine 11:00 Gentle Fitness w/ Elaine
16 9:30 Art w/Sydney 9:30 Walking Club 10:00 Chair Exercise	17 10:00 Chair Yoga 12:00 LUNCH 12:30 BINGO	18 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe	19 10:00 Lecture 12:00 LUNCH 12:30 BINGO	20 10:00 Gentle Fitness w/ Elaine 11:00 Gentle Fitness w/ Elaine
23 9:30 Art w/Melba 9:30 Walking Club 10:00 Chair Exercise	24 10:00 Chair Yoga 2:00 LUNCH 12:30 BINGO	25 9:30 Walking Club 11:00 Trivia Challenge 12:00 LUNCH 1:00 Tai Chi w/Joe	26 10:00 Chair Dance 12:00 LUNCH 12:30 BINGO	27 10:00 Gentle Fitness w/ Elaine 11:00 Gentle Fitness w/ Elaine
30 9:30 Art w/Sydney 9:30 Walking Club 10:00 Chair Exercise		For classes in RED, you must be registered with Project Independence.	For classes in BLUE, you must be registered with the office for the class	

We wish to thank all of our supporters for their continued generosity: The Donald and Barbara Zucker Family Foundation, The Laura B. Vogler Foundation, Inc, Kiwanis of Manhasset/Port Washington, Nassau County Bar Foundation, Inc. WE CARE Fund, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- ◆ The Peter & Jeri Dejana Foundation
- ◆ The Town of North Hempstead
- ◆ The Community Chest of Port Washington



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

A social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311

SCRIP PROGRAM

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

Scrip Order Form

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Athleta	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
BP	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
lhop	\$25.00	
Subtotal:		

Name: _____

Address: _____

Phone Number: _____

Company	Denomination	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
Macy's	\$25.00	
Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
Stop & Shop	\$25.00	
Stop & Shop	\$50.00	
Stop & Shop	\$100.00	
Smashburger	\$10.00	
TJ Maxx Brands	\$25.00	
TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
Subtotal:		
Total:		