

# December 2023 Newsletter



## Holiday Party & Sing Along

Tuesday, December 19  
12:00 lunch followed by a Holiday  
sing -along  
Baked Ziti, Side Salad, Bread &  
Dessert  
\$8.00 per person

Reserve your spot by December 12  
or until we reach capacity.



## WINTER CONCERT

JOIN US ON THURSDAY,  
DECEMBER 21 AT 11:00AM  
FOR A SPECIAL HOLIDAY  
CONCERT FROM THE 3RD  
GRADERS OF SOUSA  
ELEMENTARY SCHOOL.



Message from Linda, Julie , Ginny &  
Heidi:

May the Holiday season bring  
happiness and joy to you and your  
loved ones.

Wishing you a season of gladness, a  
season of cheer and to top it off a  
wonderful New Year!



## SPECIAL PROGRAMS

### Port Washington Adult Activities Center

80 Manorhaven Blvd,  
Port Washington, NY 11050

**Phone:** 516-883-6656

**Fax:** 516-883-8397

**Email:**

[pwseniorcenter@gmail.com](mailto:pwseniorcenter@gmail.com)

**Web Address:**

[Pwadultactivitiescenter.org](http://Pwadultactivitiescenter.org)

**Hours:**

Monday - Friday

8:00 am - 3:00 pm

Linda Livio,

**Executive Director**

Julie Gamman,

**Programming Coord.**

[juliepwseniorcenter@gmail.com](mailto:juliepwseniorcenter@gmail.com)

Virginia Carroll

**Admin. Coordinator**

[ginnypwaac@gmail.com](mailto:ginnypwaac@gmail.com)

**Board of Directors:**

Kathy Levinson, President

Marianne Bortone Prince

Barbara Faticone

Debbie Greco Cohen

Pam Monfort

Jean-Marie Posner

Donna Rice

Warren Schein

Jeff Stone

Pat Valente

Daryl Zimbardi

**Advisory Board:**

Ken Magida

Laura Sweeney

Joel Ziev

### Membership Dues:

Please stop by the  
office to renew your  
membership.



Membership runs January through  
December 2024.

\$25.00 Cash or Check



Please be advised that we  
will be closed from Friday,  
December 22 through  
Monday, January 1. We  
will reopen on Tuesday,  
January 2.

Please call no later than Tuesday, January 2 by  
10:00am to reserve your lunch for that day. We  
will be having Sicilian Pizza.

### *The HOLIDAYS are Coming!*

*Please look at the back cover of this newsletter to see  
all of the gift card choices you can order for the  
Holidays.*

*Please stop in the office to  
place your order by December  
8th in order to receive them  
by December 18.*



# DECEMBER 2023 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Reservations required daily by 2:00pm the day before.</i></p> <p><b>\$5.00 Members, \$6 Guest</b></p>	<p><b>FOOD PROVIDED BY:</b>  <b>HINCK'S DELI</b>  <b>GUM HOW CHINESE</b>  <b>CARLOS PIZZERIA</b>  <b>GINOS PIZZERIA</b>  <b>AYHANS SHISH KEBAB</b></p>			NO LUNCH
<p><b>4</b>            Chicken &amp; Broccoli, Pork Fried Rice, Egg Roll, Dessert</p>	<p><b>5</b>            Eggplant Parmesan Hero, Salad, Dessert</p>	<p><b>6</b>            Chicken Salad on a roll w/ Lettuce &amp; Tomato, Chips, Dessert</p>	<p><b>7</b>            Gyro Platter w/Rice, Salad, Pita, Dessert</p>	<p><b>8</b>            NO LUNCH</p>
<p><b>11</b>            Chicken Roll, Salad, Dessert</p>	<p><b>12</b>            Slice of Sicilian Pizza, Salad, Dessert</p>	<p><b>13</b>            Sausage &amp; Peppers, Salad, Dessert</p>	<p><b>14</b>            Ham and Swiss on Roll, Bag of Chips, Dessert</p>	<p><b>15</b>            NO LUNCH</p>
<p><b>18</b>            Quiche Lorraine, Salad, Dessert</p>	<p><b>19</b>            Roast Beef on a roll w/ Lettuce &amp; Tomato, Potato Salad, Dessert</p>	<p><b>20</b>            Grilled Cheese, Tomato Soup, Dessert</p>	<p><b>21</b>            Meatball Parm Hero, Salad, Dessert</p>	<p><b>22</b>            NO LUNCH</p>
<p><b>25</b>  <b>CLOSED</b>  <b>MERRY CHRISTMAS</b></p>	<p><b>26</b>  <b>CLOSED</b></p>	<p><b>27</b>  <b>CLOSED</b></p>	<p><b>28</b>  <b>CLOSED</b></p>	<p><b>29</b>  <b>CLOSED</b></p>

# ACTIVITY CALENDAR DECEMBER 2023.

Monday	Tuesday	Wednesday	Thursday	Friday
	For classes in BLUE, you must be registered with the office for the class.	For classes in RED, you must be registered with Project Independence. Please call 311 for more information		<b>1</b> 10:00 Gentle Fitness w/ Nicole 11:00 Gentle Fitness w/ Nicole
<b>4</b> 9:00 Walking Club 9:30 Painting w/ Barbara 10:00 Chair Yoga w/ Nicole 12:00 Lunch	<b>5</b> 10:00 Chair Yoga w/Patty 2:00 LUNCH 12:30 BINGO	<b>6</b> 9:00 Walking Club 9:30 Meditation 11:00 General Trivia 12:00 LUNCH 1:00 Tai Chi w/Joe	<b>7</b> 9:30 Aerobics w/ Marylou 12:00 LUNCH 12:30 BINGO	<b>8</b> 10:00 Gentle Fitness w/ Nicole 11:00 Gentle Fitness w/ Nicole
<b>11</b> 9:00 Walking Club 9:30 Painting w/ Melba 10:00 Chair Yoga w/ Nicole 12:00 Lunch	<b>12</b> 10:00 Chair Yoga w/Patty 2:00 LUNCH 12:30 BINGO	<b>13</b> 9:00 Walking Club 9:30 Meditation 11:00 General Trivia 12:00 LUNCH 1:00 Tai Chi w/Joe	<b>14</b> 9:30 Aerobics w/ Marylou 12:00 LUNCH 12:30 BINGO	<b>15</b> 10:00 Gentle Fitness w/ Nicole 11:00 Gentle Fitness w/ Nicole
<b>18</b> 9:00 Walking Club 9:30 Painting w/Barbara 12:00 Lunch	<b>19</b> 12:00 LUNCH 12:30 BINGO	<b>20</b> 9:00 Walking Club 11:00 General Trivia 12:00 LUNCH	<b>21</b> 11:00 Holiday Concert 12:00 LUNCH 12:30 BINGO	<b>22</b> <b>CLOSED</b>
<b>25</b> <b>CLOSED</b> <b>MERRY CHRISTMAS!</b>	<b>26</b> <b>CLOSED</b>	<b>27</b> <b>CLOSED</b>	<b>28</b> <b>CLOSED</b>	<b>29</b> <b>CLOSED</b>

We wish to thank all of our supporters for their continued generosity: The Donald and Barbara Zucker Family Foundation, The Laura B. Vogler Foundation, Inc, Kiwanis of Manhasset/Port Washington, Nassau County Bar Foundation, Inc. WE CARE Fund, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- ◆ The Peter & Jeri Dejana Foundation
- ◆ The Town of North Hempstead
- ◆ The Community Chest of Port Washington



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

*Gail Selis* our social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Gail is at the Center Monday-Thursday 9-3, call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311

# SCRIP PROGRAM

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

## Scrip Order Form

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Atletha	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
BP	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
Ihop	\$25.00	
<b>Subtotal:</b>		

**Name:**

**Address:**

**Phone Number:**

Company	Denomination	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
Macy's	\$25.00	
Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
Stop & Shop	\$25.00	
Stop & Shop	\$50.00	
Stop & Shop	\$100.00	
Smashburger	\$10.00	
TJ Maxx Brands	\$25.00	
TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
<b>Subtotal:</b>		
<b>Total:</b>		