

September 2023 Newsletter



SCAM ALERT!!

*Sargent Peter Griffith
will be here to discuss
how to protect yourself
from being scammed.*



*Thursday,
September 14
10:30am
Please call the
office to reserve
your spot.*

BINGO!!

**Join us on Tuesday,
September 12, 2023
7:00pm
(doors open at 6:30)
\$25.00 per person
Cash Prizes
50/50
Sign up in the office!**



Message from Linda:

Summer is coming to an end. I hope that everyone enjoyed the months of good weather and are looking forward to a colorful fall. Please come out and celebrate Port Washington at the annual "Pride In Port" parade on Saturday, September 23 at 11:00am followed by the senior residents luncheon. Please stop by the office for further information.



SPECIAL PROGRAMS

Port Washington Adult Activities Center

80 Manorhaven Blvd,
Port Washington, NY 11050

Phone: 516-883-6656

Fax: 516-883-8397

Email:

pwseniorcenter@gmail.com

Web Address:

Pwadultactivitiescenter.org

Hours:

Monday - Friday
8:00 am - 3:00 pm

Linda Livio,
Executive Director

Julie Gamman,
Programming Coord.
juliepwseniorcenter@gmail.com

Virginia Carroll
Admin. Coordinator
ginnypwaac@gmail.com

Board of Directors:

Kathy Levinson, President
Sean Beckert

Marianne Bortone Prince

Barbara Faticone

Debbie Greco Cohen

Pat Lampl

Pam Monfort

Jean-Marie Posner

Donna Rice

Warren Schein

Jeff Stone

Pat Valente

Daryl Zimbardi

Advisory Board:

Ken Magida

Laura Sweeney

Joel Ziev

Port's Got Talent

October 14, 2023

7:30PM

Landmark Theater

Tickets \$20

Special offer for members only, buy one
for yourself and get one free for a friend.
One special offer per member!



COME OUT AND DISPLAY YOUR

PRIDE IN PORT

THE ANNUAL PIP PARADE &
SENIOR LUNCHEON WILL
TAKE PLACE ON

SATURDAY, SEPTEMBER 23

PARADE BEGINS AT 11:00 FOLLOWED BY
LUNCHEON AT SCHREIBER H.S. AT 12:30
RESERVATION REQUIRED FOR LUNCHEON
PLEASE STOP IN THE OFFICE TO RESERVE
YOUR SPOT AND GET MORE INFORMATION

Fall Harvest Party

Sheppard's Pie, Salad, Bread, Dessert

Followed by JUMBO BINGO

Tuesday, September 26th

\$8.00 per person

Please call or stop by the
office to reserve your spot
before September 19th.



SEPTEMBER 2023 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Reservations required</u> <i>daily by 2:00pm the</i> <i>day before.</i> \$5.00 Members, \$6 Guest	FOOD PROVIDED BY: HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA GINOS PIZZERIA AYHANS SHISH KEBAB			1 NO LUNCH
4 LABOR DAY CLOSED	5 Chicken Kebab w/Rice, Salad, Dessert	6 Quiche Lorraine, Salad, Dessert	7 Eggplant Parmesan, Salad, Dessert	8 NO LUNCH
11 Tuna Salad, Chips, Dessert	12 Meatball Parm Hero, Salad, Dessert	13 Gyro Platter w/Rice, Salad, Pita, Dessert	14 Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert	15 NO LUNCH
18 Sausage & Peppers, Salad, Dessert	19 Roast Beef on a roll w/ Lettuce & Tomato, Potato Salad, Dessert	20 Stuffed Shells, Salad, Dessert	21 Slice of Sicilian Pizza, Salad, Dessert	22 NO LUNCH
25 Spinach Pie, Salad, Dessert	26 Sheppard's Pie, Salad, Bread, Dessert PARTY!!	27 Chicken Roll, Salad, Dessert	28 Turkey Sandwich on Roll w/Lettuce & Tomato, Cole Slaw, Dessert	29 NO LUNCH

ACTIVITY CALENDAR SEPTEMBER 2023.

Monday	Tuesday	Wednesday	Thursday	Friday
For classes in BLUE, you must be registered with the office for the class.	For classes in RED, you must be registered with Project Independence. Please call 311 for more information.			1
4 LABOR DAY CLOSED	5 10:00 Games w/ Julie 12:00 LUNCH 12:30 BINGO	6 9:00 Walking Club 11:00 General Trivia 12:00 LUNCH	7 12:00 LUNCH 12:30 BINGO	8
11 9:00 Walking Club 9:30 Painting w/ Melba 12:00 Lunch 1:00 Salsa Lessons	12 10:00 Games w/ Julie 2:00 LUNCH 12:30 BINGO	13 9:00 Walking Club 11:00 General Trivia 12:00 LUNCH	14 12:00 LUNCH 12:30 BINGO	15
18 9:00 Walking Club 10:00 Chair Yoga w/ Nicole 9:30 Painting w/ Barbara 12:00 Lunch 12:30 Dance Fitness w/ Carol	19 10:00 Games w/ Julie 12:00 LUNCH 12:30 BINGO	20 9:00 Walking Club 11:00 General Trivia 12:00 LUNCH 1:00 Tai Chi w/ Joe	21 9:30 Aerobics w/ Marylou 12:00 LUNCH 12:30 BINGO	22 10:00 Gentle Fitness w/ Nicole 11:00 Gentle Fitness w/ Nicole
25 9:00 Walking Club 9:30 Painting w/ Barbara 10:00 Chair Yoga w/ Nicole 12:00 Lunch 12:30 Dance Fitness w/ Carol	26 10:00 Games w/ Julie 12:00 LUNCH 12:30 BINGO	27 9:00 Walking Club 11:00 General Trivia 12:00 LUNCH 1:00 Tai Chi w/ Joe	28 9:30 Aerobics w/ Marylou 12:00 LUNCH 12:30 BINGO	29 10:00 Gentle Fitness w/ Nicole 11:00 Gentle Fitness w/ Nicole

We wish to thank all of our supporters for their continued generosity: The Donald and Barbara Zucker Family Foundation, The Laura B. Vogler Foundation, Inc, Kiwanis of Manhasset/Port Washington, Nassau County Bar Foundation, Inc. WE CARE Fund, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- The Peter & Jeri Dejana Foundation
- The Town of North Hempstead
- The Community Chest of Port Washington



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse **Kelly Steinmann** provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

Gail Selis our social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Gail is at the Center Monday-Thursday 9-3, call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311

SCRIP PROGRAM

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

Scrip Order Form

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Athleta	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
BP	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
Ihop	\$25.00	
Subtotal:		

Name:

Address:

Phone Number:

Company	Denomination	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
Macy's	\$25.00	
Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
Stop & Shop	\$25.00	
Stop & Shop	\$50.00	
Stop & Shop	\$100.00	
Smashburger	\$10.00	
TJ Maxx Brands	\$25.00	
TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
Subtotal:		
Total:		