

June 2023 Newsletter



Please join us in celebrating our talented senior members who participate in our Art classes.

Art Exhibit and reception

Thursday, June 15

2:00pm-4:00pm

Port Washington Public Library

Hagedorn Meeting Room

Join us for a tour & lunch at the John S. Phipps Estate and gardens.

(Old Westbury Gardens)

Friday, June 16th

\$35.00 per person. Bus departs Center at 10am sharp.

Reserve your spot in the office by June 2



Message from Linda:

Get ready for lazy days of summer.

Summer begins

June 21st. Remember, Funday

Mondays at North Hempstead

Beach Park begins July 10th.



Wishing all of the dads out there a very Happy Fathers Day! Remember... Any man can be a father but it takes someone special to be a DAD!

SPECIAL PROGRAMS

Port Washington Adult Activities Center

80 Manorhaven Blvd,
Port Washington, NY 11050

Phone: 516-883-6656

Fax: 516-883-8397

Email:

pwseniorcenter@gmail.com

Hours:

Monday - Friday
8:00 am - 3:00 pm

Linda Livio,
Executive Director

Julie Gamman,
Programming Coord.
juliepwseniorcenter@gmail.com

Virginia Carroll
Admin. Coordinator
ginnypwaac@gmail.com

Board of Directors:

Kathy Levinson, President
Sean Beckett
Marianne Bortone Prince
Barbara Faticone
Debbie Greco Cohen
Pat Lampl
Pam Monfort
Jean-Marie Posner
Donna Rice
Warren Schein
Jeff Stone
Pat Valente
Daryl Zimbardi

Advisory Board:

Ken Magida
Laura Sweeney
Joel Ziev

Port's Got Talent
**Our biggest fundraiser of the
year.**

**Save the date: October 14,
2023**



**If you can't join us, please consider making a
tax deductible contribution or become a
sponsor of the Center to support our mission.**

FATHERS DAY PARTY
PULLED PORK, COLE SLAW, CORN ON
THE COB, ROLL & DESSERT
TUESDAY, JUNE 20
\$8.00 PER PERSON
FOLLOWED BY JUMBO BINGO!

**PLEASE SIGN UP WITH THE
OFFICE, BY JUNE 13 OR
UNTIL WE REACH
CAPACITY. LIMITED SPACE.**



Join us for a Nutrition class
and recipe demo
with Laura
Simmons
of **Long Island
Cares**

Thursday, June 8
10:30am

Please reserve your spot in the office.



JUNE 2023 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Reservations required daily by 2:00pm the day before.</i> \$5.00 Members, \$6 Guest	FOOD PROVIDED BY: HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA GINOS PIZZERIA AYHANS SHISH KEBAB		1 Slice of Sicilian Pizza, Salad, Dessert	2 NO LUNCH
5 Chicken Salad on A Roll w/Lettuce & Tomato, Chips, Dessert	6 Chicken Kebab w/Rice, Salad, Pita, Dessert	7 Quiche Lorraine, Salad, Dessert	8 Chicken Roll, Salad, Dessert	9 NO LUNCH
12 Sausage, Peppers, & Onion, Salad, Dessert	13 Tuna Salad on Wholewheat, Chips, Dessert	14 Spinach Pie, Salad, Dessert	15 Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert	16 NO LUNCH
19 CLOSED JUNETEENTH	20 Pulled Pork, Cole Slaw, Corn on Cob, Rolls, Dessert	21 Gyro Platter w/Rice, Salad, Pita, Dessert	22 Roast Beef on a roll w/ Lettuce & Tomato, Potato Salad, Dessert	23 NO LUNCH
26 Sesame Chicken, Pork Fried Rice, Egg Roll, Dessert	27 Turkey Sandwich on Roll w/Lettuce & Tomato, Cole Slaw, Dessert	28 Grilled Cheese, & Tomato Soup, Dessert	29 Eggplant Parmesan Platter, Salad, Dessert	30 NO LUNCH

ACTIVITY CALENDAR JUNE 2023.

Monday	Tuesday	Wednesday	Thursday	Friday
	For classes in BLUE, you must be registered with the office for the class.	For classes in RED, you must be registered with Project Independence ***Please note, classes end week of 6/12**	1 9:30 Aerobics w/ Marylou 12:00 LUNCH 12:30 BINGO	2 10:00 Gentle Fitness w/ Nicole 11:00 Gentle Fitness w/ Nicole
5 9:30 Art w/Melba 10:00 Walking Club 10:00 Chair Yoga w/ Nicole 12:00 LUNCH	6 10:00 Stretch & Tone w/ Patty 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO	7 10:00 Walking Club 11:00 General Trivia 12:00 LUNCH 1:00 Tai Chi w/Joe	8 9:30 Aerobics w/ Marylou 12:00 LUNCH 12:30 BINGO	9 10:00 Gentle Fitness w/ Nicole 11:00 Gentle Fitness w/ Nicole
12 9:30 Art w/Barbara 10:00 Walking Club 10:00 Chair Yoga w/ Nicole 12:00 LUNCH	13 10:00 Stretch & Tone w/ Patty 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO	14 10:00 Walking Club 11:00 General Trivia 12:00 LUNCH 1:00 Tai Chi w/Joe	15 9:30 Aerobics w/ Marylou 12:00 LUNCH 12:30 BINGO	16 10:00 Gentle Fitness w/ Nicole 11:00 Gentle Fitness w/ Nicole
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We wish to thank all of our supporters for their continued generosity: The Donald and Barbara Zucker Family Foundation, The Laura B. Vogler Foundation, Inc, Kiwanis of Manhasset/Port Washington, Nassau County Bar Foundation, Inc. WE CARE Fund, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- ♦ The Peter & Jeri Dejana Foundation
- ♦ The Town of North Hempstead



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

Gail Selis our social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Gail is at the Center Monday-Thursday 9-3, call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311

SCRIP PROGRAM

The Port Washington Adult Activities Center is starting a new type of fundraising and the best part is is you don't have to spend more money than you already do. We will be selling gift cards to local and national retailers, each time you buy a gift card at its face value, we receive a percentage from RaiseRight, the company who distributes the cards. We will have a supply of gift cards on hand others will be special order. Call or stop by the office for more information.

Scrip Order Form

Company	Denomination	# of cards
Applebee's	\$25.00	
Applebee's	\$50.00	
Amazon	\$25.00	
Amazon	\$50.00	
American Eagle	\$25.00	
Aerie	\$25.00	
Athleta	\$25.00	
Athleta	\$50.00	
Bath & Body	\$10.00	
Bath & Body	\$25.00	
Best Buy	\$25.00	
BP	\$50.00	
BP	\$100.00	
Bloomingdale's	\$25.00	
Bloomingdale's	\$50.00	
Carvel	\$10.00	
Chipolte	\$10.00	
Chipolte's	\$25.00	
Darden Restaurant	\$25.00	
Darden Restaurant	\$50.00	
Dominos	\$10.00	
Dominos	\$25.00	
Dunkin Donuts	\$10.00	
Dunkin Donuts	\$25.00	
Five Below	\$25.00	
Gap	\$25.00	
Home Depot	\$25.00	
Home Depot	\$100.00	
Ihop	\$25.00	
Subtotal:		

Name: _____

Address: _____

Phone Number: _____

Company	Denomination	# of cards
Kohl's	\$25.00	
Kohl's	\$100.00	
Lands' End	\$25.00	
Lands' End	\$100.00	
Lowe's	\$25.00	
Lowe's	\$100.00	
Macy's	\$25.00	
Macy's	\$100.00	
McDonald's	\$25.00	
Michael's	\$25.00	
Morton's	\$50.00	
Moe's	\$25.00	
Nordstorm's	\$25.00	
Nordstorm's	\$50.00	
Rite Aid	\$25.00	
Starbucks	\$10.00	
Starbucks	\$25.00	
Shell	\$25.00	
Shell	\$50.00	
Stop & Shop	\$25.00	
Stop & Shop	\$50.00	
Stop & Shop	\$100.00	
Smashburger	\$10.00	
TJ Maxx Brands	\$25.00	
TJ Maxx Brands	\$50.00	
Target	\$10.00	
Target	\$25.00	
Target	\$50.00	
Visa	\$25.00	
Visa	\$50.00	
Visa	\$100.00	
Walgreen's	\$25.00	
Subtotal:		
Total:		