

# September 2022 Newsletter



Join us for an unforgettable evening

Saturday, Sept. 17, 2022  
7:30pm  
Jeanne Rimsky Theatre

Tickets are \$20 each or  
2 for \$30!  
Stop by the office to purchase yours.

**Friday, October 7th  
Plattduetsche Park  
Franklin Square**

**\$85.00 per person  
Includes: Buffet Lunch, beer,  
wine, dessert & transportation.  
Bus departs 11:15am. Stop by  
the office to reserve your spot by  
Sept 19th.**



Message from Linda:

Summer is coming to an end. I am looking forward to a blistery fall, hopefully you are too. There are a few fun events coming up this month. Please consider supporting the Center and attending our annual fundraiser "Port's Got Talent" on September 17. As well as show your love for Port Washington by attending the annual "Pride in Port" parade at 11:30am on September 24. For more information on both stop by the office.



## SPECIAL PROGRAMS

### Port Washington Adult Activities Center

80 Manorhaven Blvd,  
Port Washington, NY 11050

**Phone:** 516-883-6656

**Fax:** 516-883-8397

**Email:**

[pwseniorcenter@gmail.com](mailto:pwseniorcenter@gmail.com)

**Website:**

[Pwadultactivitiescenter.org](http://Pwadultactivitiescenter.org)

**Hours:**

Monday - Friday

8:00 am - 3:00 pm

Linda Livio,

**Executive Director**

Julie Gamman,

**Programming Coord.**

[juliepwseniorcenter@gmail.com](mailto:juliepwseniorcenter@gmail.com)

Virginia Carroll

**Admin. Coordinator**

[ginnypwaac@gmail.com](mailto:ginnypwaac@gmail.com)

**Board of Directors:**

Kathy Levinson, President

Sean Beckert

Marianne Bortone Prince

Barbara Faticone

Debbie Greco Cohen

Pat Lampl

Pam Monfort

Jean-Marie Posner

Donna Rice

Warren Schein

Jeff Stone

Richard Tavarez

Pat Valente

Daryl Zimbardi

**Advisory Board:**

Ken Magida

Laura Sweeney

Joel Ziev

Sergeant Peter Griffith will be here to discuss how to protect yourself from being scammed. As well as general safety inside and outside of your home.

Thursday, Sept 15

10:00am

Reserve your spot in the office .



Join us for a night of BINGO!!

Thursday, October 6

\$20.00 per person

DOOR PRIZES

CASH PRIZES

Reservations required,  
please stop by the office to  
make yours.



### Mammography Van

**Sponsored by Nassau County Legislator**

**Delia DeRiggi Whitton**

**Wednesday, September 28**

**8:45am-12:00pm**

**For more information or  
questions please stop by the  
office.**



# SEPTEMBER 2022 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FOOD PROVIDED BY:</b> <b>HINCK'S DELI</b> <b>GUM HOW CHINESE</b> <b>CARLOS PIZZERIA</b> <b>AMALFI PIZZERIA</b> <b>AYHANS SHISH</b> <b>KEBAB</b>	<p style="text-align: center;"><i>All meals served with coffee or tea.</i></p> <p style="text-align: center;"><b>Water bottles available \$1.00</b></p>	<p style="text-align: center;"><u>Reservations required daily by 2:00pm the day before.</u></p> <p style="text-align: center;"><b>\$5.00 Members, \$6 Guest</b></p>	<p style="text-align: center;"><b>1</b></p> <p style="text-align: center;">Eggplant Parmesan Platter, Salad, Dessert</p>	<p style="text-align: center;"><b>2</b></p> <p style="text-align: center;">NO LUNCH</p>
<p style="text-align: center;"><b>5</b></p> <p style="text-align: center;">CLOSED LABOR DAY</p>	<p style="text-align: center;"><b>6</b></p> <p style="text-align: center;"><b>Slice of Sicilian Pizza, Salad, Dessert</b></p>	<p style="text-align: center;"><b>7</b></p> <p style="text-align: center;">Tuna Salad on Wholewheat, Chips, Dessert</p>	<p style="text-align: center;"><b>8</b></p> <p style="text-align: center;">Stuffed Shells, Side Salad, Dessert</p>	<p style="text-align: center;"><b>9</b></p> <p style="text-align: center;">NO LUNCH</p>
<p style="text-align: center;"><b>12</b></p> <p style="text-align: center;">Sesame Chicken, Pork Fried Rice, Egg Roll, Dessert</p>	<p style="text-align: center;"><b>13</b></p> <p style="text-align: center;">Chicken Kebab w/Rice, Salad, Pita, Dessert</p>	<p style="text-align: center;"><b>14</b></p> <p style="text-align: center;">Penne alla Vodka, Salad, Dessert</p>	<p style="text-align: center;"><b>15</b></p> <p style="text-align: center;">Turkey Sandwich on Roll w/ Lettuce &amp; Tomato, Cole Slaw, Dessert</p>	<p style="text-align: center;"><b>16</b></p> <p style="text-align: center;">NO LUNCH</p>
<p style="text-align: center;"><b>19</b></p> <p style="text-align: center;">Chicken Roll, Salad, Dessert</p>	<p style="text-align: center;"><b>20</b></p> <p style="text-align: center;">Roast Beef on a roll w/ Lettuce &amp; Tomato, Potato Salad, Dessert</p>	<p style="text-align: center;"><b>21</b></p> <p style="text-align: center;">Spinach Pie, Salad, Dessert</p>	<p style="text-align: center;"><b>22</b></p> <p style="text-align: center;"><b>Fall Harvest Party</b> Sheppard's Pie, Salad, Biscuits, Dessert</p>	<p style="text-align: center;"><b>23</b></p> <p style="text-align: center;">NO LUNCH</p>
<p style="text-align: center;"><b>26</b></p> <p style="text-align: center;"><i>All meals served with coffee or tea.</i></p> <p style="text-align: center;"><b>Water bottles available \$1.00</b></p>	<p style="text-align: center;"><b>27</b></p> <p style="text-align: center;">Gyro Platter w/Rice, Salad, Pita, Dessert</p>	<p style="text-align: center;"><b>28</b></p> <p style="text-align: center;"><b>Chicken Caesar Salad Wrap, Dessert</b></p>	<p style="text-align: center;"><b>29</b></p> <p style="text-align: center;">Chicken &amp; Broccoli, Pork Fried Rice, Egg Roll, Dessert</p>	<p style="text-align: center;"><b>30</b></p>

# ACTIVITY CALENDAR SEPTEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For classes in <b>RED</b>, you must be registered with Project Independence</p>	<p>For classes in <b>BLUE</b>, you must be registered with the office for the class.</p>		<b>1</b>	<b>2</b>
<p><b>CLOSED</b> <b>LABOR DAY</b></p>	<p><b>6</b> 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p><b>7</b> 9:30 Art w/Friends 9:30 Walking Club 12:00 LUNCH</p>	<p><b>8</b> 12:00 LUNCH 12:30 BINGO</p>	<b>9</b>
<p><b>12</b> 9:30 Walking Club 10:00 Chair Yoga w/ Nicole</p>	<p><b>13</b> 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p><b>14</b> 9:30 Art w/Friends 9:30 Walking Club 12:00 LUNCH 1:00 Tai Chi w/Joe</p>	<p><b>15</b> 12:00 LUNCH 12:30 BINGO</p>	<p><b>16</b> 10:00 Dance Fitness w/ Nicole 11:00 Dance Fitness w/ Nicole</p>
<p><b>19</b> 9:30 Walking Club 10:00 Chair Yoga w/ Nicole</p>	<p><b>20</b> 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p><b>21</b> 9:30 Art w/ Friends 9:30 Walking Club 12:00 LUNCH 1:00 Tai Chi w/Joe</p>	<p><b>22</b> 9:30 Aerobics w/Marylou 12:00 LUNCH 12:30 BINGO</p>	<b>23</b>
<p><b>26</b> 9:30 Walking Club</p>	<p><b>27</b> 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p><b>28</b> 9:30 Art w/ Friends 9:30 Walking club 12:00 LUNCH 1:00 Tai Chi w/Joe</p>	<p><b>29</b> 9:30 Aerobics w/Marylou 12:00 LUNCH 12:30 BINGO</p>	<b>30</b>



We wish to thank all of our supporters for their continued generosity: The Donald and Barbara Zucker Family Foundation, The Laura B. Vogler Foundation, Inc, Kiwanis of Manhasset/Port Washington, Nassau County Bar Foundation, Inc. WE CARE Fund, The John Michael Marino Foundation Inc. & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- ♦ The Peter & Jeri Dejana Foundation
- ♦ The Town of North Hempstead



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

*Gail Selis* our social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Gail is at the Center Monday-Thursday 9-3, call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311

# PWAAC TRIVIA

## Movie Trivia

How well do you know Movie Trivia?

Take this fun trivia challenge and mail it back to the Center by September 29 for your chance to win a \$25.00 Visa gift card. All entries with correct answers will be entered to win.

1. Which is NOT the name of a child selected to tour the Wonka factory in Willy Wonka and the Chocolate Factory??
  - A. Billy Warp
  - B. Veruca Salt
  - C. Mike Teavee
  - D. Augustus Gloop
2. Which is the first movie in the Austin Powers franchise?
  - A. Austin Powers in Goldmember
  - B. Austin Powers; The Spy Who Shagged Me
  - C. Austin Powers: International Man of Mystery
  - D. Austin Powers: Spy of the World
3. How old was Stockard Channing when she played high school student Rizzo in Grease?
  - A. 27
  - B. 33
  - C. 35
  - D. 20
4. Which actor was in all of the following movies: Tommy Boy, Wayne's World & The Outsiders?
  - A. Rob Lowe
  - B. Matt Dillon
  - C. Tom Cruise
  - D. C. Thomas Howell
5. Which country does Forrest Gump travel to as part of the All-American Ping-Pong Team?
  - A. Vietnam
  - B. Japan
  - C. China
  - D. France
6. How many times did Sean Connery play James Bond?
  - A. 9
  - B. 10
  - C. 5
  - D. 7

NAME \_\_\_\_\_