

April 2022 Newsletter



**Join us for a day out at
Peddlers Village
Lahaska, PA
Friday, August 5th**

\$90.00 pp includes lunch at “The Cock & Bull” Restaurant, Bingo with prizes from various stores & a coupon book to use at the shops in the village.

**Departing the Center at 8:00am
Departing Peddler’s Village at 3:30pm**

**There is a \$20 NON-REFUNDABLE
deposit due by June 30th (if trip is cancelled,
deposit is returned)**

**Must get 30 people by 6/30 in order for trip
to take place.**

**Game Time with Julie
Tuesdays
10:00am**

**Join Julie in the Art room
to play a fun game of
pokeno, scattergories,
hedbanz or another great
game.**



Message from Linda:

Spring is here after a long cold winter and we all look forward to the good weather ahead. Best wishes for a happy Easter and Passover to all our members.

If you haven’t joined us for lunch yet, please consider buying a lunch card and joining us for a delicious meal catered by a local restaurant.



SPECIAL PROGRAMS

Port Washington Adult Activities Center

80 Manorhaven Blvd,
Port Washington, NY 11050

Phone: 516-883-6656

Fax: 516-883-8397

Email:

pwseniorcenter@gmail.com

Hours:

Monday - Friday
8:00 am - 3:00 pm

Linda Livio,
Executive Director

Julie Gamman,
Programming Coord.
juliepwseniorcenter@gmail.com
com

Virginia Carroll
Admin. Coordinator
ginnypwaac@gmail.com

Board of Directors:

Kathy Levinson, President

Sean Beckert

Marianne Bortone Prince

Barbara Faticone

Debbie Greco Cohen

Pat Lampl

Pam Monfort

Jean-Marie Posner

Donna Rice

Warren Schein

Jeff Stone

Richard Tavarez

Pat Valente

Daryl Zimbardi

Advisory Board:

Ken Magida

Laura Sweeney

Joel Ziev

The Art room is now open on Wednesday mornings. Join your fellow artists to draw or paint and discuss your progress with one another.

Wednesdays 9:30-11:30

Please reserve your spot in the office.



Talking with your Doctor

Tuesday, April 12

11:00am

Come and learn how to make the most of your next doctor's appointment. PI Nurse Kelly will be here to explain it all to you.



Falconers Florist will be here to do a floral arrangement demonstration. Each arrangement will be raffled off to a lucky participant.

Thursday,

April 7

10:00am

Please register with the office



APRIL 2022 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
FOOD PROVIDED BY: HINCK'S DELI GUM HOW CHINESE CARLOS PIZZERIA AMALFI PIZZERIA AYHANS SHISH KEBAB GUEST CHEF	<i>Reservations required daily by 2:00pm the day before.</i> \$5.00 Members, \$6 Guest	<i>All meals served with coffee or tea.</i> <i>Water bottles available \$1.00</i>		
4 Sesame Chicken, Pork Fried Rice, Egg Roll, Dessert	5 Roast Beef on a roll, w/ Lettuce & Tomato, Potato Salad, Dessert	6 Chicken Parmesan Platter, Side Salad, Bread, Dessert	7 Gyro Platter w/Rice, Salad & tzatziki sauce, Dessert	8 NO LUNCH
11 Spinach Pie, Salad, Dessert	12 Penne ala Vodka, Bread, Side Salad, Dessert	13 Turkey Sandwich on Roll w/Lettuce & Tomato, Cole Slaw, Dessert	14 Roasted Spiral Ham, Roasted Sliced Potatoes, Mixed Vegetables, Soda Bread & Dessert	15 NO LUNCH
18 Eggplant Parmesan Platter, Side Salad, Dessert	19 Chicken Kebab w/ Rice, Salad, Pita, Dessert	20 Chicken & Broccoli, Pork Fried Rice, Egg Roll, Dessert	21 Chicken Caesar Salad Wrap, Dessert	22 NO LUNCH
25 Slice of Sicilian Pizza, Salad, Dessert	26 Meatball Parmesan Hero, Side Salad, Dessert	27 Tuna Salad on Whole Wheat w/Lettuce & Tomato, Macaroni Salad, Dessert	28 Steak Kebab w/Rice, Salad, Pita, Dessert	29 NO LUNCH

ACTIVITY CALENDAR APRIL 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For classes in BLUE, you must be registered with the office for the class.</p> <p>4 9:30 Painting w/a Barbara 10:00 Chair Yoga w/Nicole 12:00 LUNCH</p>	<p>For classes in RED, you must be registered with Project Independence</p> <p>5 10:00 Stretch & Tone w/Patty 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p>6 9:30 Art w/Friends 12:00 LUNCH 1:00 Ta'I Chi w/Joe</p>	<p>7 12:00 LUNCH 12:30 BINGO</p>	<p>1 10:00 Fitness Dance w/ Margaret 11:00 Fitness Dance w/Margaret</p>
<p>11 9:30 Painting w/a Barbara 10:00 Chair Yoga w/Nicole 12:00 LUNCH 1:00 Aerobics w/Mary Lou</p>	<p>12 10:00 Stretch & Tone w/Patty 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p>13 9:30 Art w/Friends 12:00 LUNCH 1:00 Ta'I Chi w/Joe</p>	<p>14 12:00 LUNCH 12:30 BINGO</p>	<p>15 NO CLASSES</p>
<p>18 9:30 Painting w/a Barbara 12:00 LUNCH</p>	<p>19 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p>20 9:30 Art w/ Friends 12:00 LUNCH</p>	<p>21 12:00 LUNCH 12:30 BINGO</p>	<p>22 NO CLASSES</p>
<p>25 9:30 Painting w/a Barbara 10:00 Chair Yoga w/Nicole 12:00 LUNCH 1:00 Aerobics w/Mary Lou</p>	<p>26 10:00 Stretch & Tone w/Patty 10:00 Games w/Julie 12:00 LUNCH 12:30 BINGO</p>	<p>27 9:30 Art w/Friends 12:00 LUNCH 1:00 Ta'I Chi w/Joe</p>	<p>28 12:00 LUNCH 12:30 BINGO</p>	<p>29 10:00 Fitness Dance w/ Margaret 11:00 Fitness Dance w/Margaret</p>

We wish to thank all of our supporters for their continued generosity: The Donald and Barbara Zucker Family Foundation, The Laura B. Vogler Foundation, Inc, Kiwanis of Manhasset/Port Washington, Nassau County Bar Foundation, Inc. WE CARE Fund, & The Bahnik Foundation, Inc.

Special Thanks to the three organizations that enable us to operate each year:

- The Peter & Jeri Dejana Foundation
- The Town of North Hempstead
- The Community Chest of Port Washington



Our Senior Center is fortunate to be a Project Independence location that offers onsite nursing and social work services.

Nurse *Kelly Steinmann* provides services such as blood pressure screening, health information/education, medication counseling, and more.

Kelly's hours are Tuesday & Thursday 10-12, call to make appointment.

Gail Selis our social worker helps with things such as counseling, caregiver assistance, support groups, entitlement assistance and more. Gail is at the Center Monday-Thursday 9-3, call to make an appointment.

Did you know that Project Independence provides:

- Free taxi rides for grocery shopping and deeply discounted taxi fares for non-emergency medical appointments.
- Veterans Caseworkers
- Caregiver support Groups

For more information about Project Independence, call 311 or 869-6311

PWAAC TRIVIA

Easter/Passover Trivia

How well do you know Easter and Passover Trivia?

Take this fun trivia challenge and mail it back to the Center by April 28, for your chance to win a \$25.00 Visa gift card. All entries with correct answers will be entered to win.

1. In what country did the tradition of the Easter Bunny originate?
 - A. Germany
 - B. Switzerland
 - C. United States
 - D. England
2. What baked good is a **Good Friday** tradition in England??
 - A. Scone
 - B. Hot Cross Buns
 - C. Popovers
 - D. Sticky Toffee Pudding
3. What is the most popular Easter candy in America?
 - A. Cadbury Chocolate Eggs
 - B. Chocolate Bunnys
 - C. Jellybeans
 - D. Marshmallow peeps
4. Who is the most important figure in Passover history?
 - A. Abraham
 - B. King David
 - C. Moses
 - D. Goliath
5. Who asks the questions at a Seder??
 - A. The Eldest Person
 - B. The Youngest Person
 - C. The Head of the Household
 - D. The Oldest Child
6. How many ceremonial hand washings are there at a Seder?
 - A. Zero
 - B. Two
 - C. Three
 - D. Four

NAME _____